

Sexual Harassment

Awareness

April is Sexual Assault Awareness Month. The subject of sexual assault and harassment is an important one that impacts all levels, peoples, and facets of society, including the world of business. Office violence and harassment target largely female employees and can be not only hurtful, but demoralizing as well. Such acts can even be considered forms of sex discrimination in the workplace (“Sexual Harassment...” 2019).



To bring further awareness to such an important issue, the TAMU Libraries and Clara B. Mounce Public Library have put together displays entitled *Books That Speak Out*, which will list an array of books that you can find on our shelves and/or request through our Get It For Me service. These displays will also have information and resources available to learn more about harassment and assault, as well as information on getting support for yourself or others. Each location’s presentation will have different titles on display.

Other local events this month include Take Back the Night, a Women’s Self-Defense Seminar, Green Dot Bystander Intervention Training, What’s Your Teal?, and the 13th annual Every Victim, Every Time Conference. You can see a full list of event dates, locations, descriptions, and other information at <https://studentlife.tamu.edu/hp/saamevents>

Sources:
Sexual harassment doesn’t always have to focus on sexual activity. (2019). Office Manager Today, 8(4), 7. Retrieved from Business Source Ultimate.

Finals Stress Relief

The end of April marks the beginning of finals. To help fight off the stress finals may cause, remember the three E’s of de-stressing.

Exercise – You may not like the idea but exercise is proven to help fight stress. Try one of our Bike Desks on the 2nd floor.

Eat – Remember to eat healthy foods that fuel your body. Don’t overload on the sugar!

Enjoy – Take breaks from studying to enjoy something you like.

To help you gear up for finals, we will have extended hours starting at the end of April. Our extended finals hours are:

April 27th – 9am - 12am

April 28th – Open at 9am

May 3rd – Open until 12am

May 4th – 9am - 12am

May 5th – Open at 9am

Don’t forget to keep an eye out for the upcoming finals stress relief events that take place at each of the libraries. Good luck!

GIG ‘EM, AGGIES!

Remember to get your scantrons *early*. If you need one, they are sold at the West Side Exchange and Ag Café.

West Side Exchange Hours:

Monday-Thursday	7:30am – 11pm
Friday	7:30am – 2pm
Saturday	Closed
Sunday	5pm – 11pm

Ag Café Hours:

Monday – Thursday	7:30am – 7pm
Friday	10am – 8pm
Saturday-Sunday	Closed



WEST CAMPUS LIBRARY

Libraries Contact Information:

Evans:

979.845.3731

West Campus:

979.845.2111

Medical Science:

979.845.7428

Reserve a study room online at the library homepage:
wcl.library.tamu.edu
under Quick Links!

Copies of the newsletter are available at the Ask Us Desk or Oak Trust

<https://oaktrust.library.tamu.edu>

