

“The loneliest people are the kindest. The saddest people smile the brightest. The most damaged people are the wisest. All because they don’t wish to see anyone else suffer the way they did.” - Anonymous

There are many resources out there if you are ever struggling with mental health. You are never alone in your battles. Understanding one’s own mental health is complicated as is, let alone another’s.

Project Semicolon is a great resource to find reliable information and learn about mental health problems, find support, and find ways to advocate for Suicide Prevention and Awareness.

“Your story isn’t over”

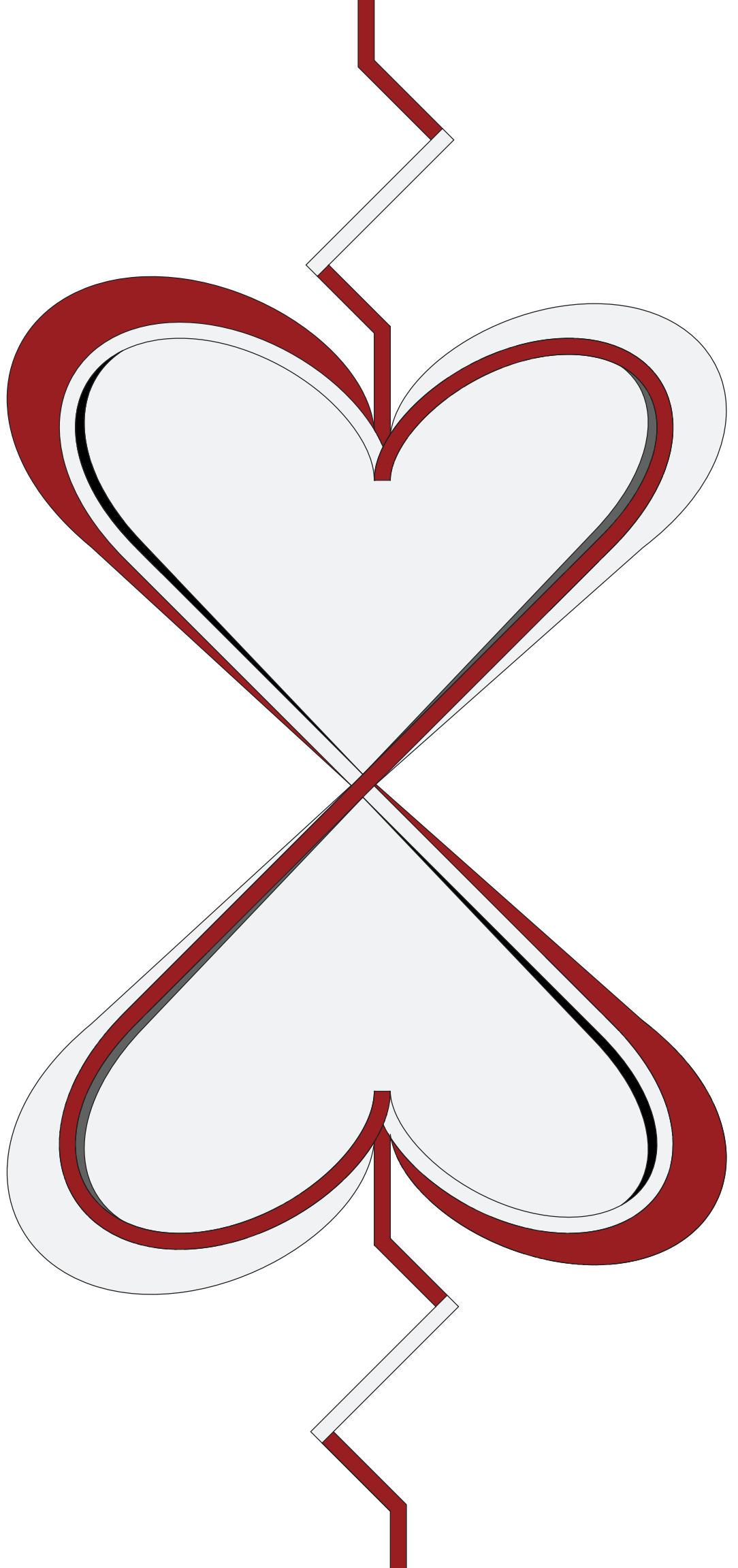
<https://www.projectsemicolon.com/>

**“HOPE IS REAL. HELP IS REAL.
YOUR STORY IS IMPORTANT.”**

<https://twloha.com/>

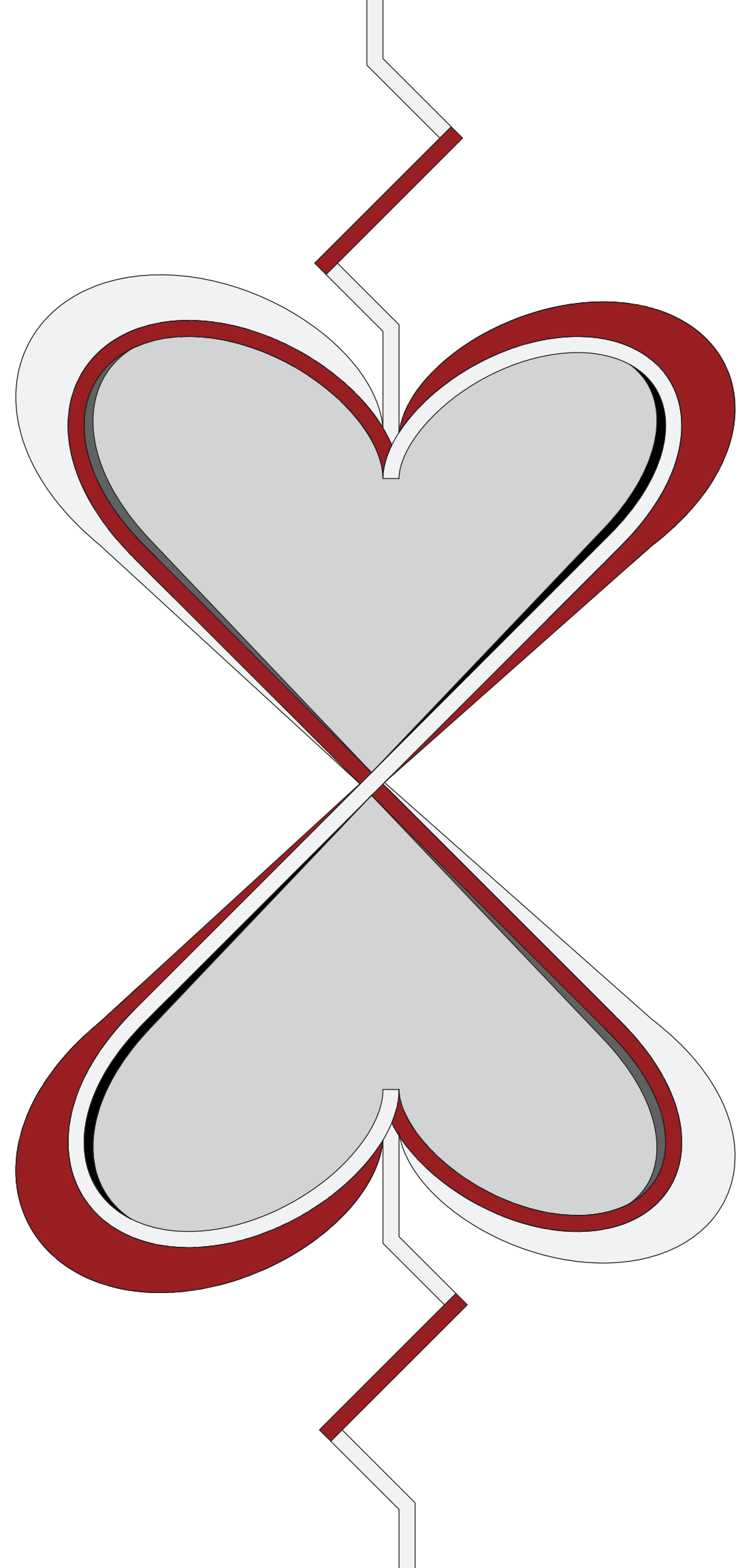
<https://988lifeline.org/>

Suicide and Crisis Lifeline: 988



2024 JAMES QUAGLIARIELLO

LIFELINE



LIFELINE

JAMES QUAGLIARIELLO



Behind this project comes a tremendous amount of love and caring for my sisters and my family, many of the things I saw and experienced when I was younger led me to undertaking this final study. So that other's don't have to go through the same experiences and can have a chance to get mental health support, before a crisis. Preventing someone entering the criminal justice system before they can get real mental healthcare.

Typically, behavioral and mental disorders are discovered, and treatment for the disorders begins from a young age, however, many more go undiagnosed. Either their symptoms are misinterpreted as being hormonal or because of a person's age, they have an unstable home life that doesn't allow them to get proper care, or it can overall go unrecognized for an entire person's lifetime should they not seek mental healthcare, or they develop other ways of coping with it. Some ways positive and others leading to life changing decisions.

Unfortunately, some turn to illicit drugs and alcohol to deal with their emotions, and how they feel overall inside. Other's even turn to self-harm, and this can eventually lead to a person losing their own life, either by overdosing, alcoholism, or suicide. It also doesn't have to be that a person dies to lose their life either, but they might end up getting put in jail long before they are able to be diagnosed and treated properly, leading to issues getting jobs and functioning normally in society.

**BLOOD CAN BE WASHED AWAY, BUT THE SCARS WILL REMAIN;
LET'S HEAL OTHERS BEFORE THEY DEVELOP SCARS TOO**

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HOW
WE
GOT
HERE



Located just 15 minutes outside of Franklin, the site I have chosen is almost located at the geographic center of Robertson county. It is also in close proximity to Texas A&M University, about 40 minutes by driving.

The site at 13889 FM2446, Franklin, Texas, 77856 is approximately 330.7-acres, which was necessary in master planning a campus in the area, that has suburban qualities, so it is able to mesh into the local community.

This campus is aimed towards people ages 18-55 with low to moderate behavioral/mental health disorders who are not currently in crisis and actively seeking to better themselves by developing positive coping mechanisms and life habits before it's too late.



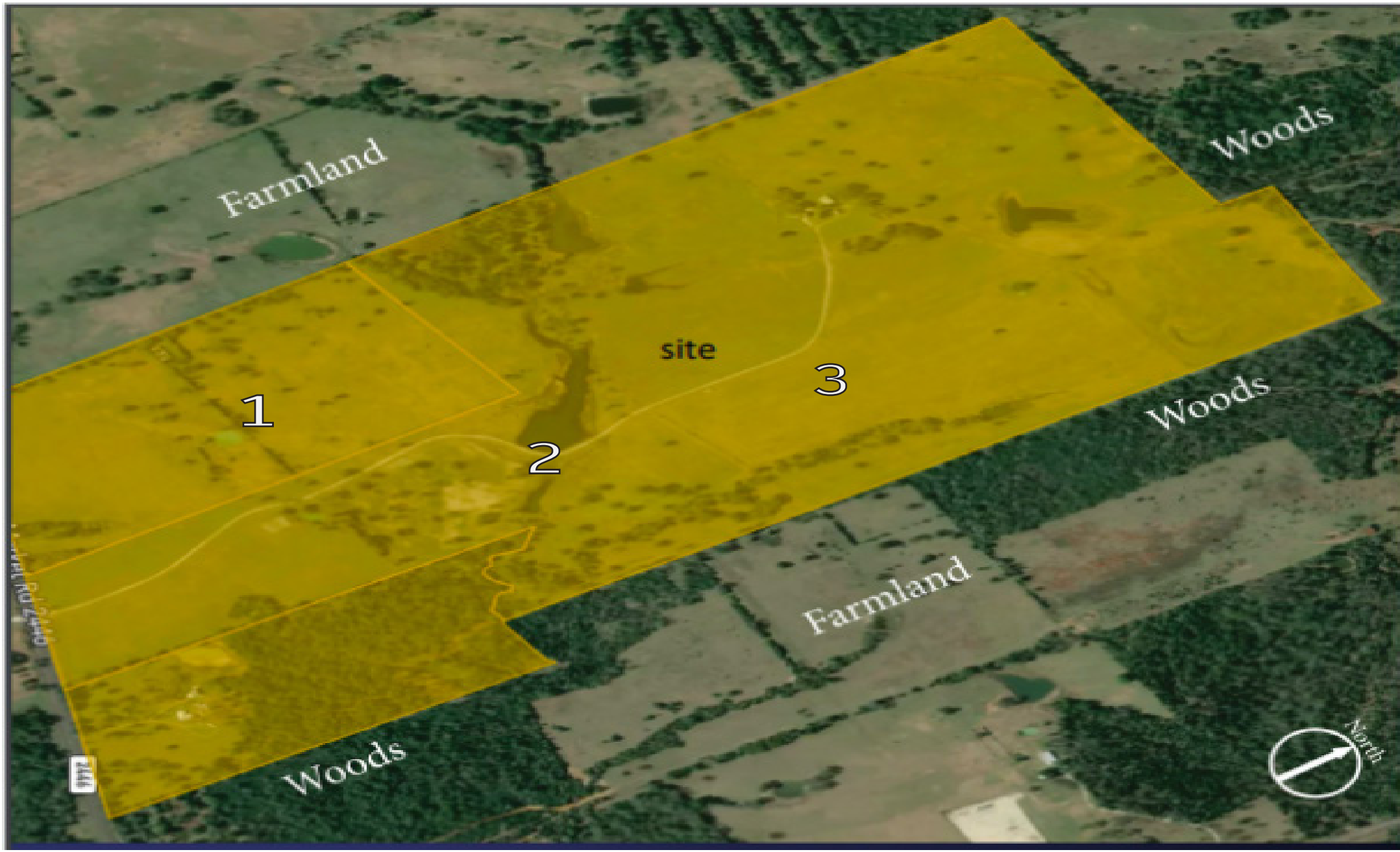
Key Site Features:

- 1 major water body
- 4 minor water bodies
- Wooded areas towards North and North-East
- Wooded areas towards South-East and West
- Farmland towards North-West and South-West

Topography:

- Highest Point: (410 feet)
- Lowest Point: (360 feet)
- Entire Site Elevation Change: 50 feet over 2000+ feet
 - Slope: 2.5% grade towards South-East
- Typical Elevation Change: 10 feet over 500 feet
 - Slope: 2%







S TRENNGTHS

- Relatively Flat Terrain
- Previously Created Water Retention Systems
- Large Open Green Spaces
- No Easements
- Utility Connections Available to Site

O PPORTUNITIES

- Improvement of Infrastructure
- Shaping and Shifting Demographics
- Growing Health and Housing Market Demand
- Improving Local Access to Non-Emergency Healthcare

W EAKNESSES

- Limited Access
- Low Traffic Volume
- Environmental Factors
- Building Codes and Restrictions
- No Current On Site Utilities

T HREATS

- Possible Low Return on Investment (ROI)
- Legal Risks
- Social and Political Impacts
- Necessary to Develop in Phases, Limiting Starting Operations

WHAT BRINGS YOU IN



HI, DO YOU KNOW THESE RISK FACTORS?

Risk factors are characteristics that make it more likely that someone will consider, attempt, or die by suicide. They can't cause or predict a suicide attempt, but they're important to be aware of.

- Mental disorders, particularly mood disorders, schizophrenia, anxiety disorders, and certain personality disorders
- Alcohol and other substance use disorders
- Hopelessness
- Impulsive and/or aggressive tendencies
- History of trauma or abuse
- Major physical illness
- Previous suicide attempt(s)
- Family history of suicide
- Job or financial loss
- Loss of relationship(s)
- Easy access to lethal means
- Local clusters of suicide
- Lack of social support and sense of isolation
- Stigma associated with asking for help
- Lack of healthcare, especially mental health and substance abuse treatment
- Cultural and religious beliefs, such as the belief that suicide is a noble resolution of a personal dilemma
- Exposure to others who have died by suicide (in real life or via the media and internet)

HI, DO YOU KNOW THE WARNING SIGNS?

Some warning signs may help you determine if a loved one is at risk for suicide, especially if the behavior is new, has increased, or seems related to a painful event, loss, or change. If you or someone you know exhibits any of these, seek help by calling the lifeline: 988

- Talking about wanting to die or kill themselves
- Looking for a way to kill themselves, like searching online, or buying a gun
- Talking about feeling hopeless or having no reason to live
- Talking about feeling trapped or in unbearable pain
- Talking about being a burden to others
- Increasing the use of alcohol or drugs
- Acting anxious or agitated; behaving recklessly
- Sleeping too little or too much
- Withdrawing or isolating themselves
- Showing rage or talking about seeking revenge
- Extreme mood swings.



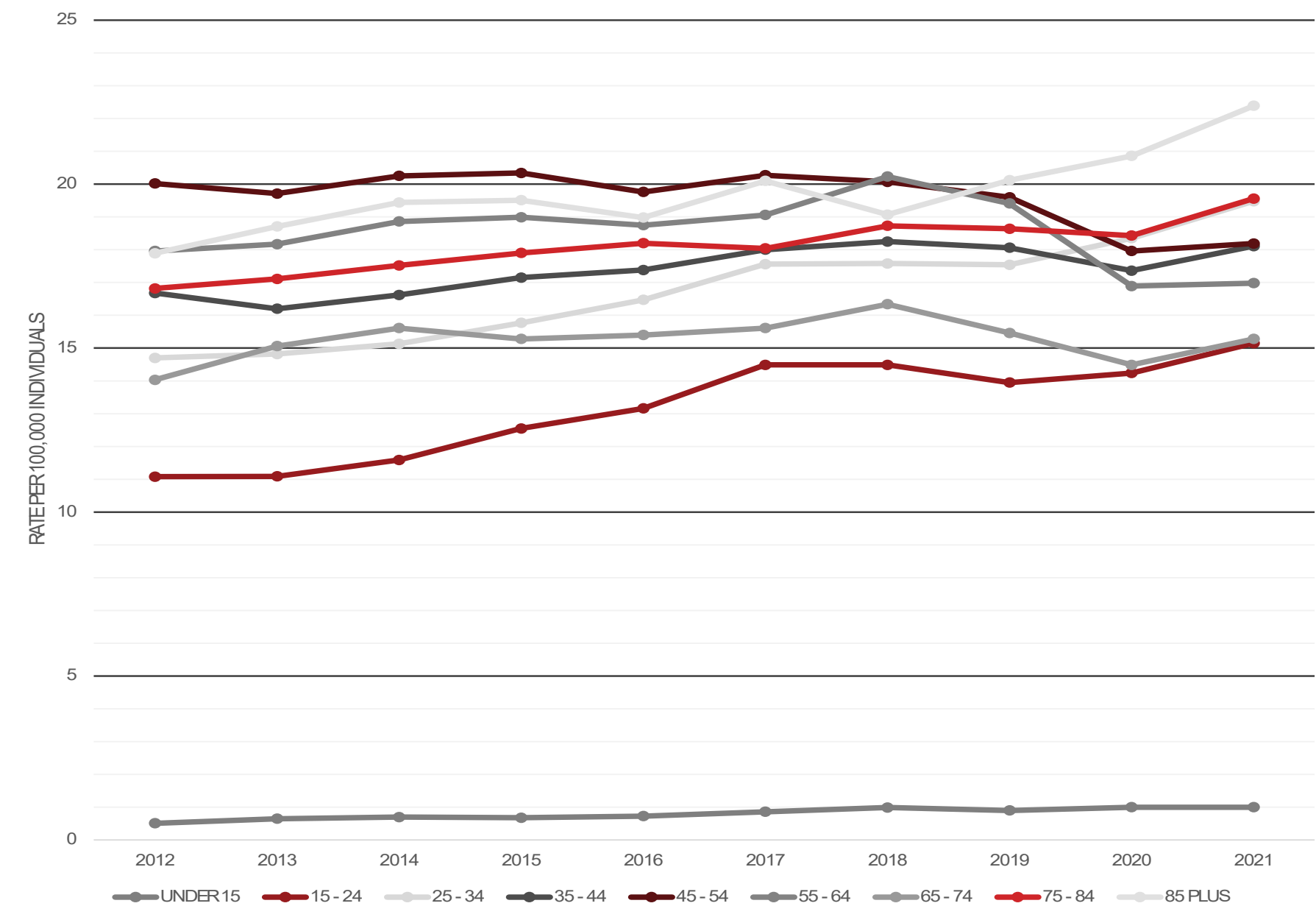
DO YOU KNOW THE STATISTICS?

6
 SUICIDES
 EVERY
 HOUR

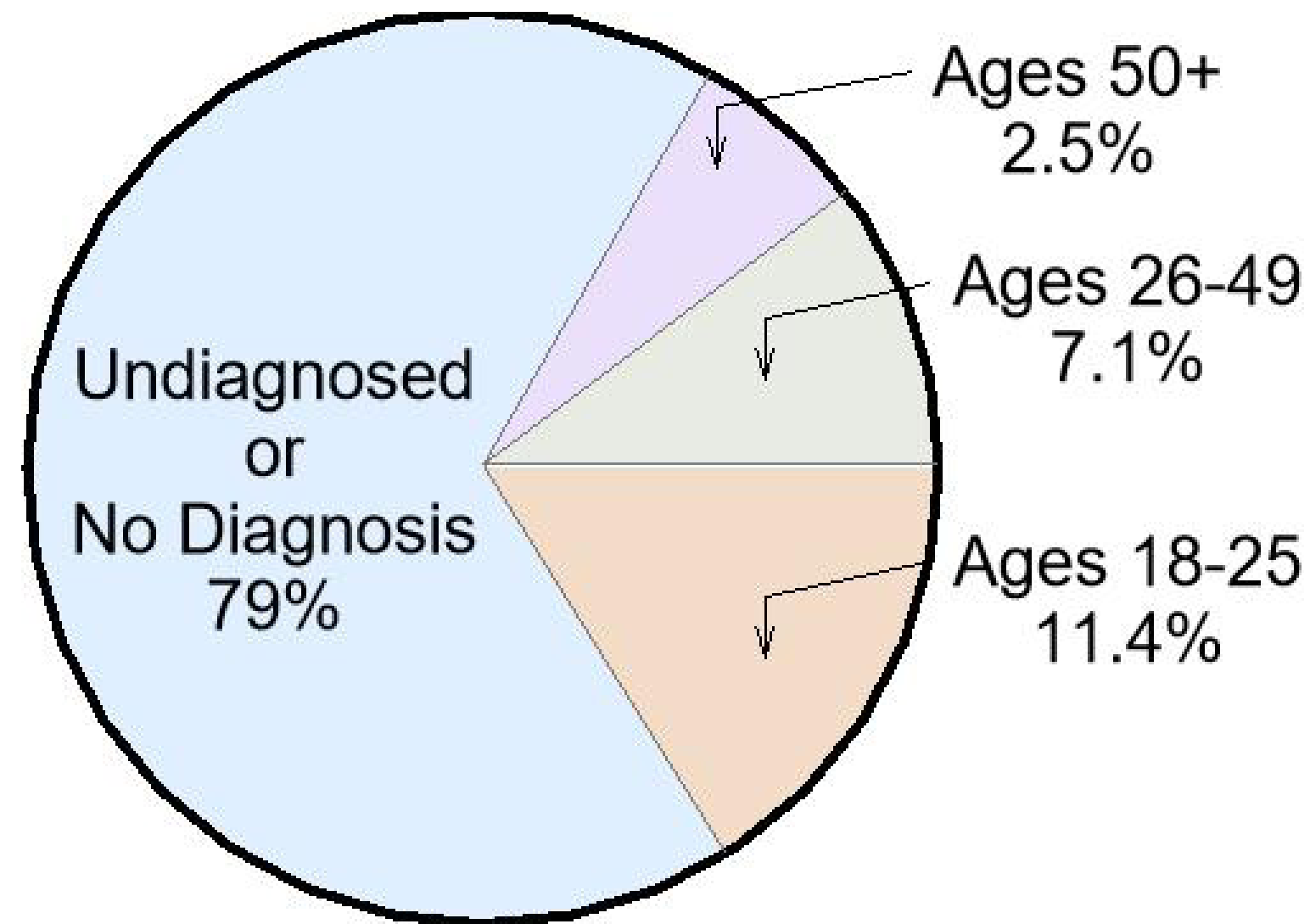
IN THE UNITED STATES

132
 EVERY DAY

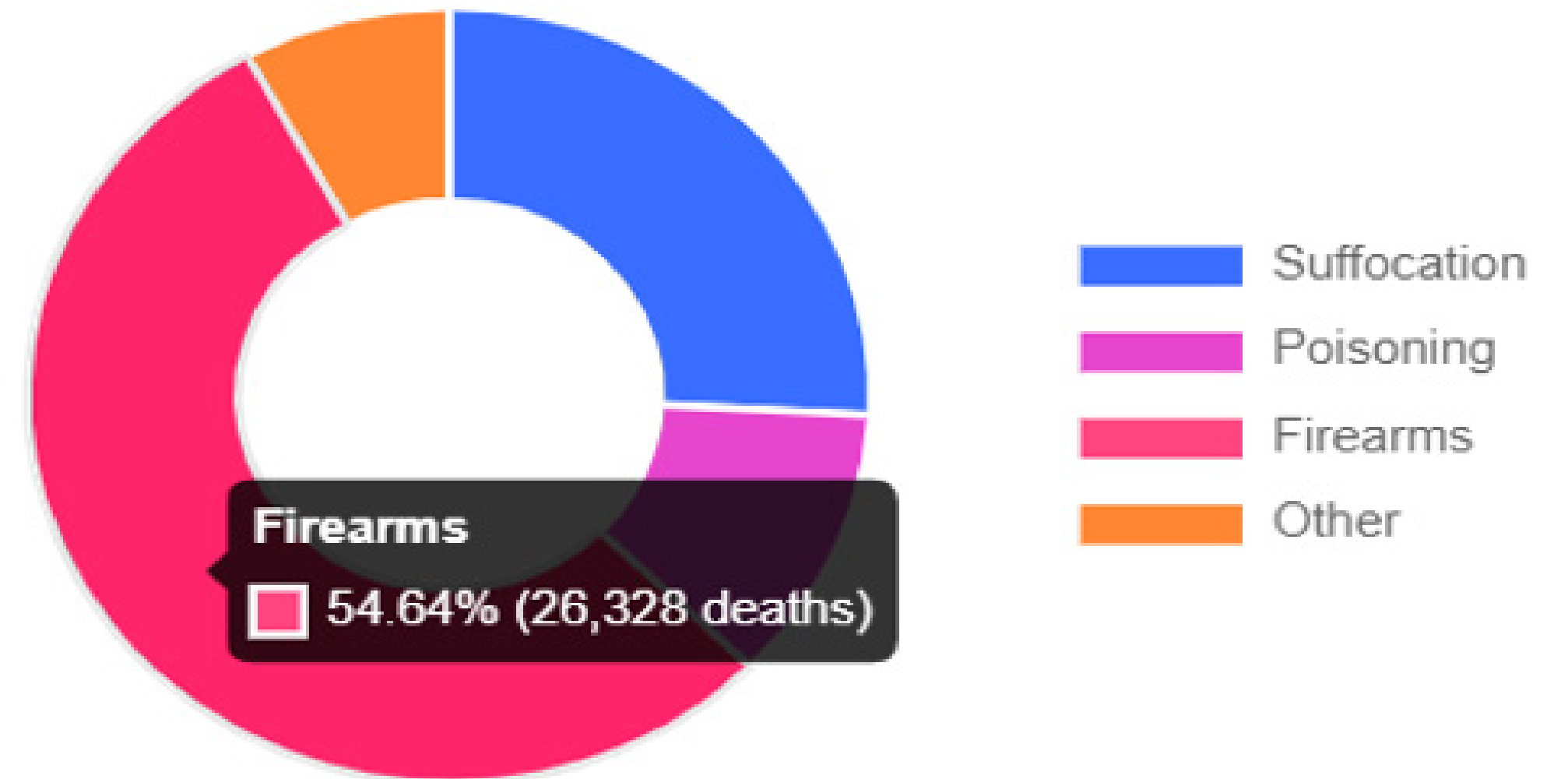
SUICIDE RATES BY AGE RANGE



PERSONS HAVING A DISORDER IN THE US



SUICIDES BY METHOD IN THE US



- Suffocation
- Poisoning
- Firearms
- Other

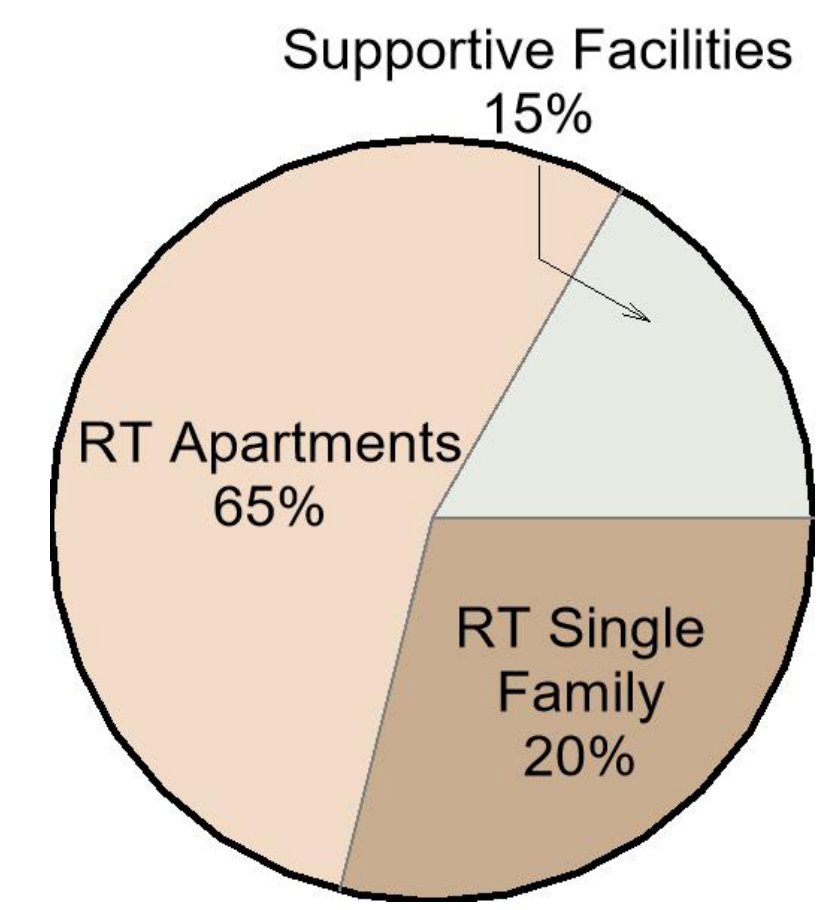
THE LIFE LINE CAMPUS

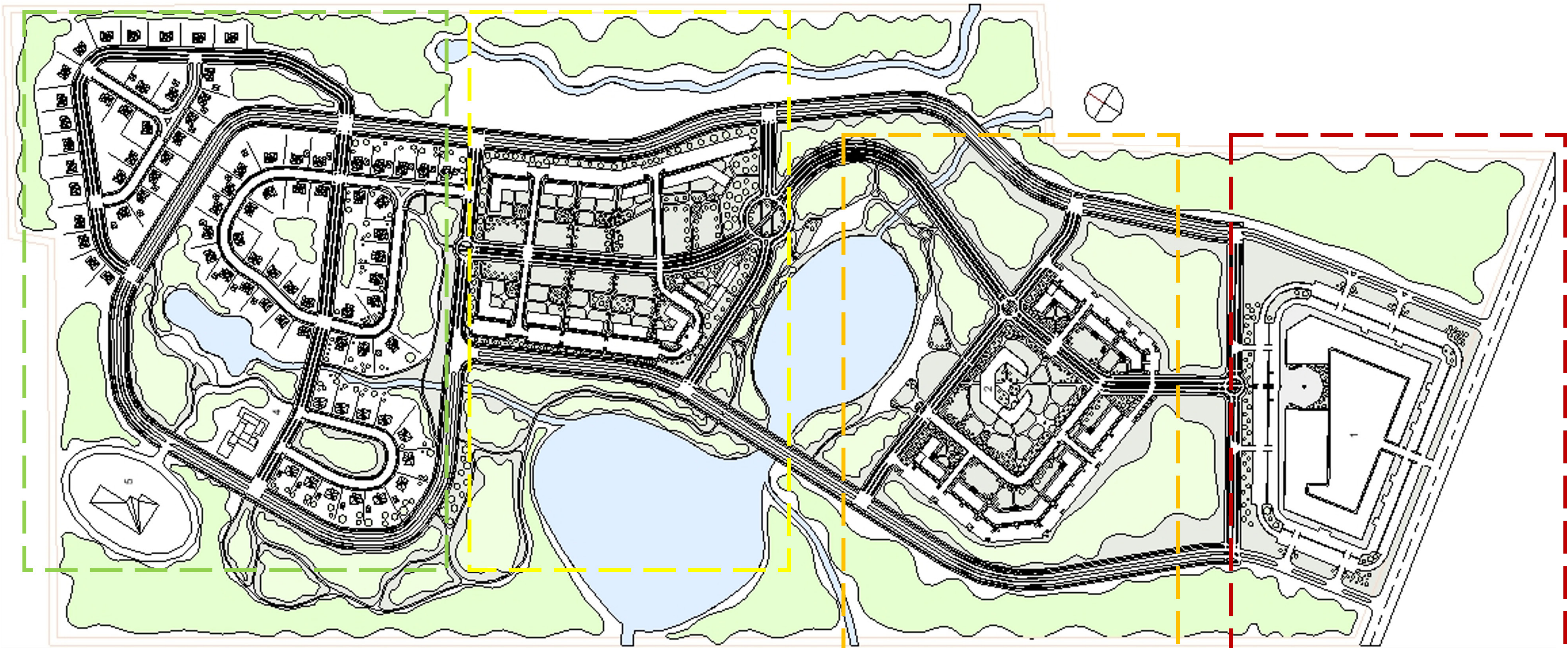
Resident Patients (RPs) in living at this facility will go through 3 levels of care during their life at the campus.

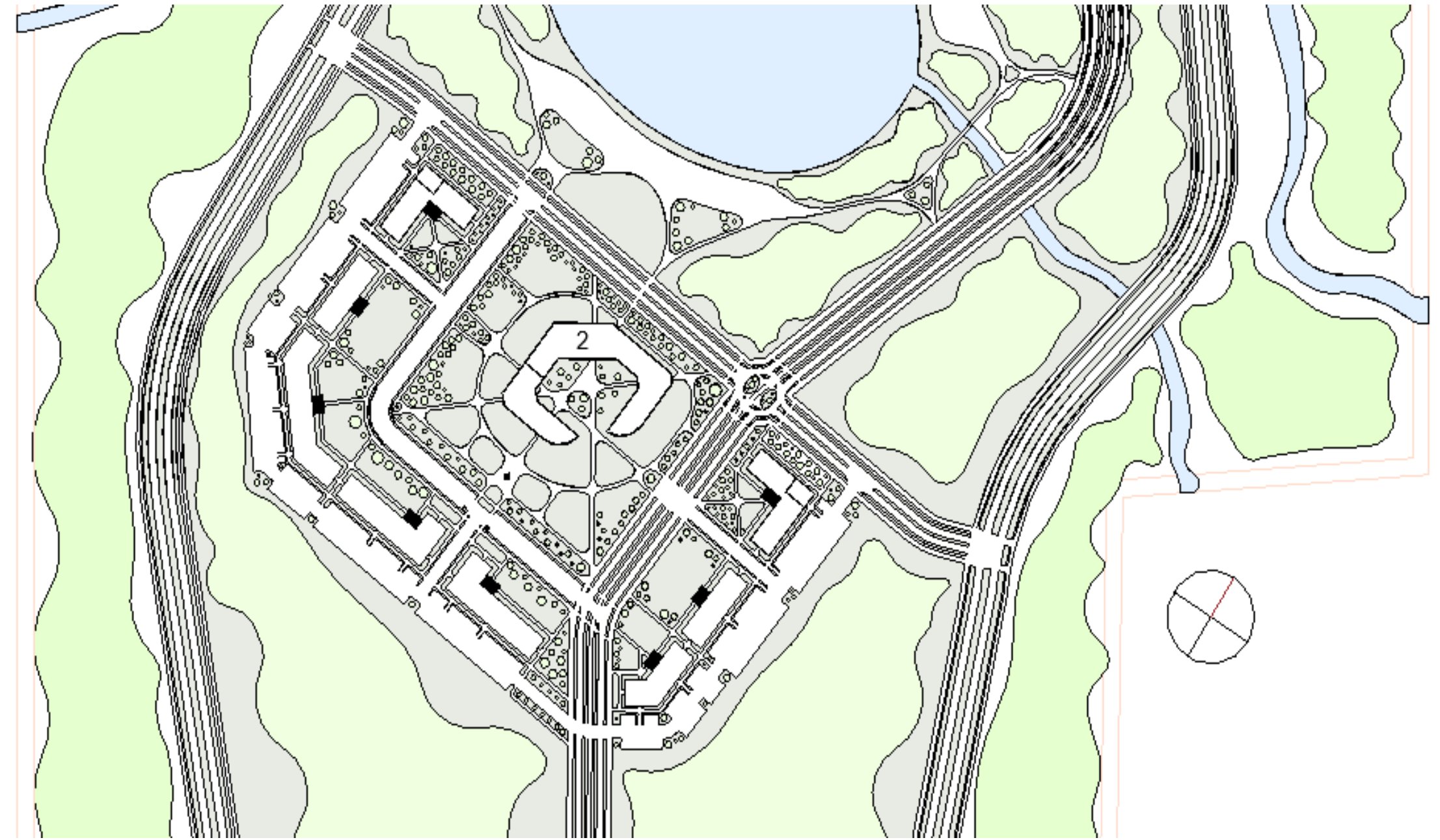
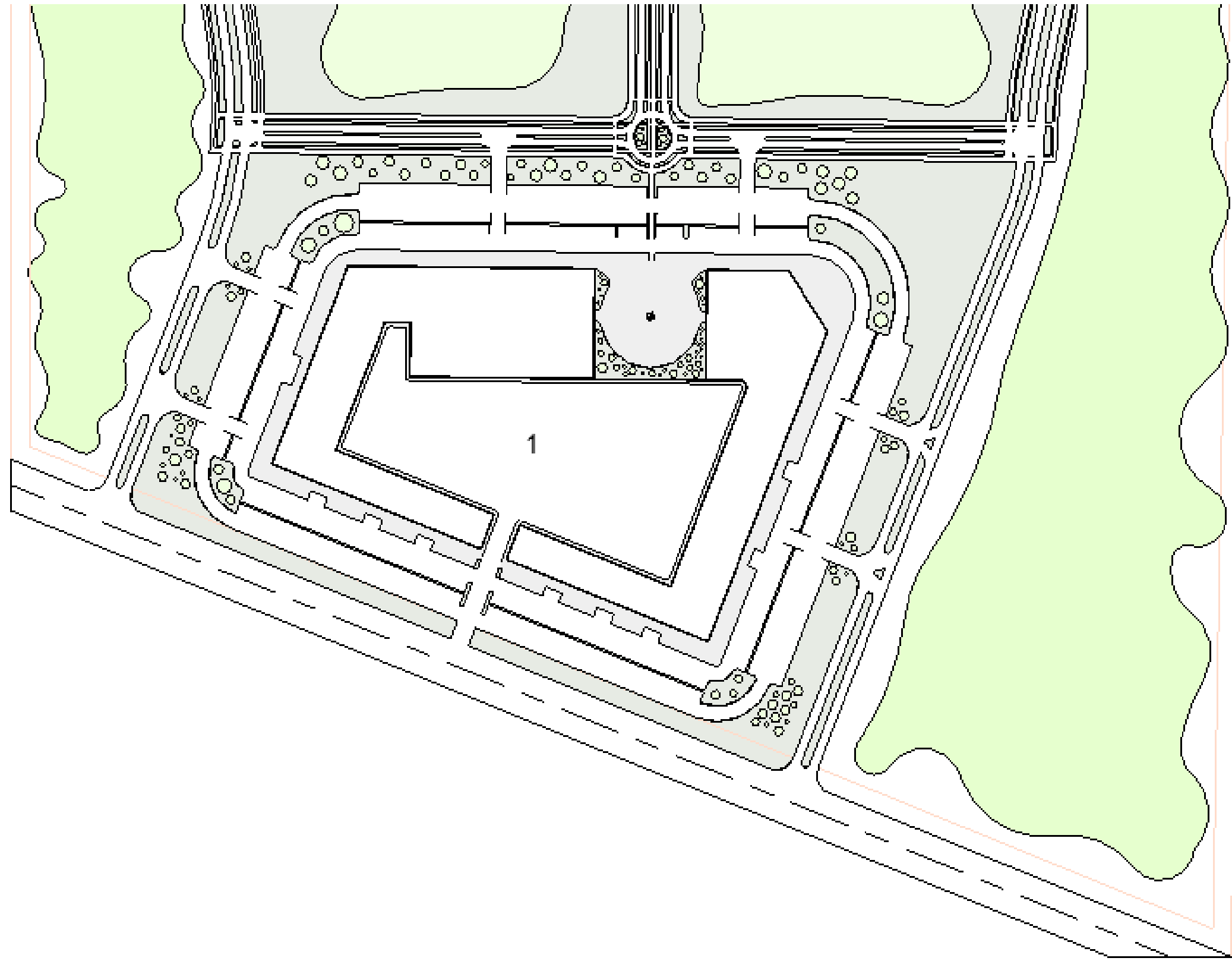
Starting at Level 1, RPs will have several different apartment layouts to choose from, ranging from studio style to single-doubles. During their stay in these apartments, which can range from 6 months to a year, RPs will attend daily programs specifically created around their disorders to ensure RPs get the best results from their participation in the program.

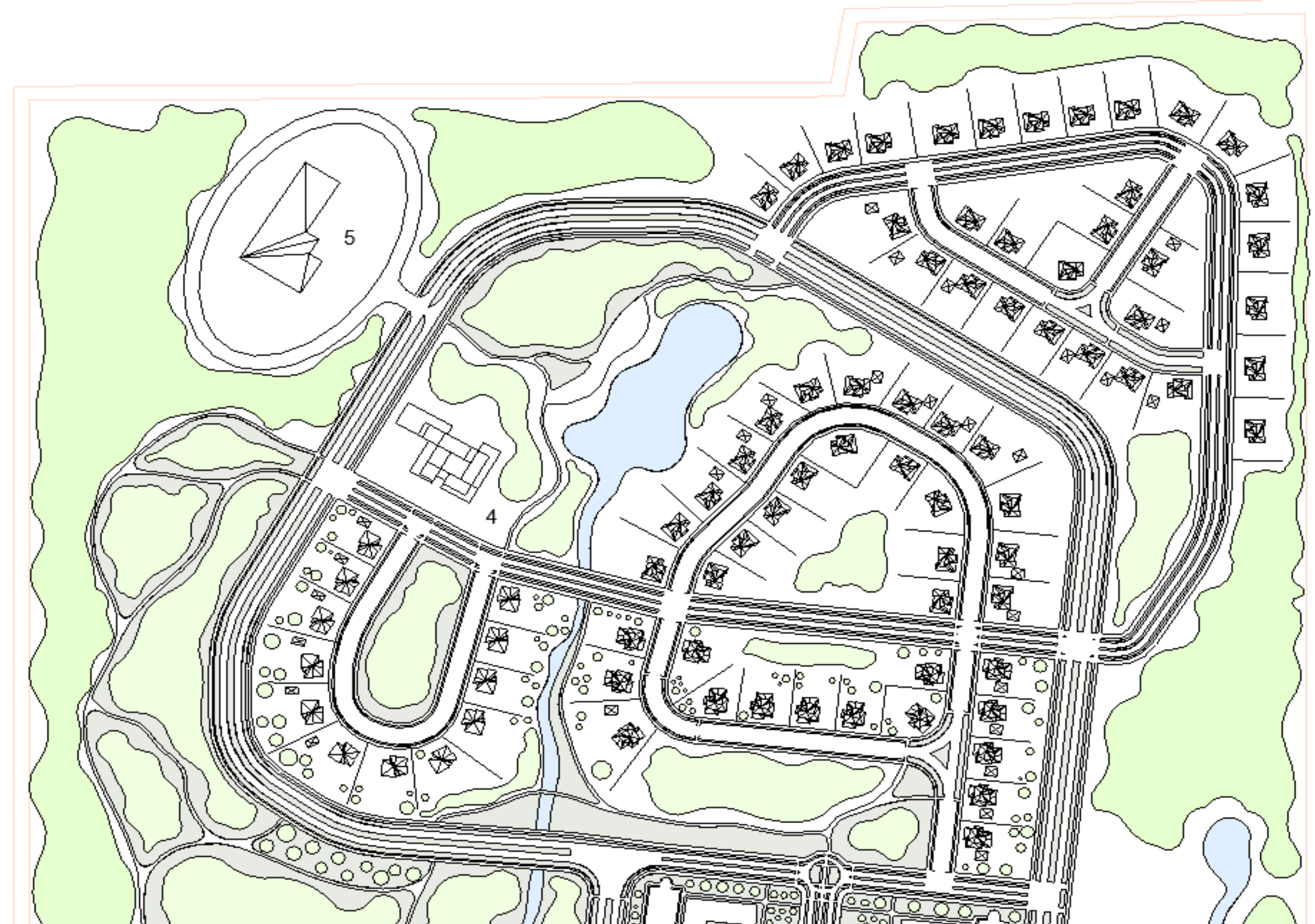
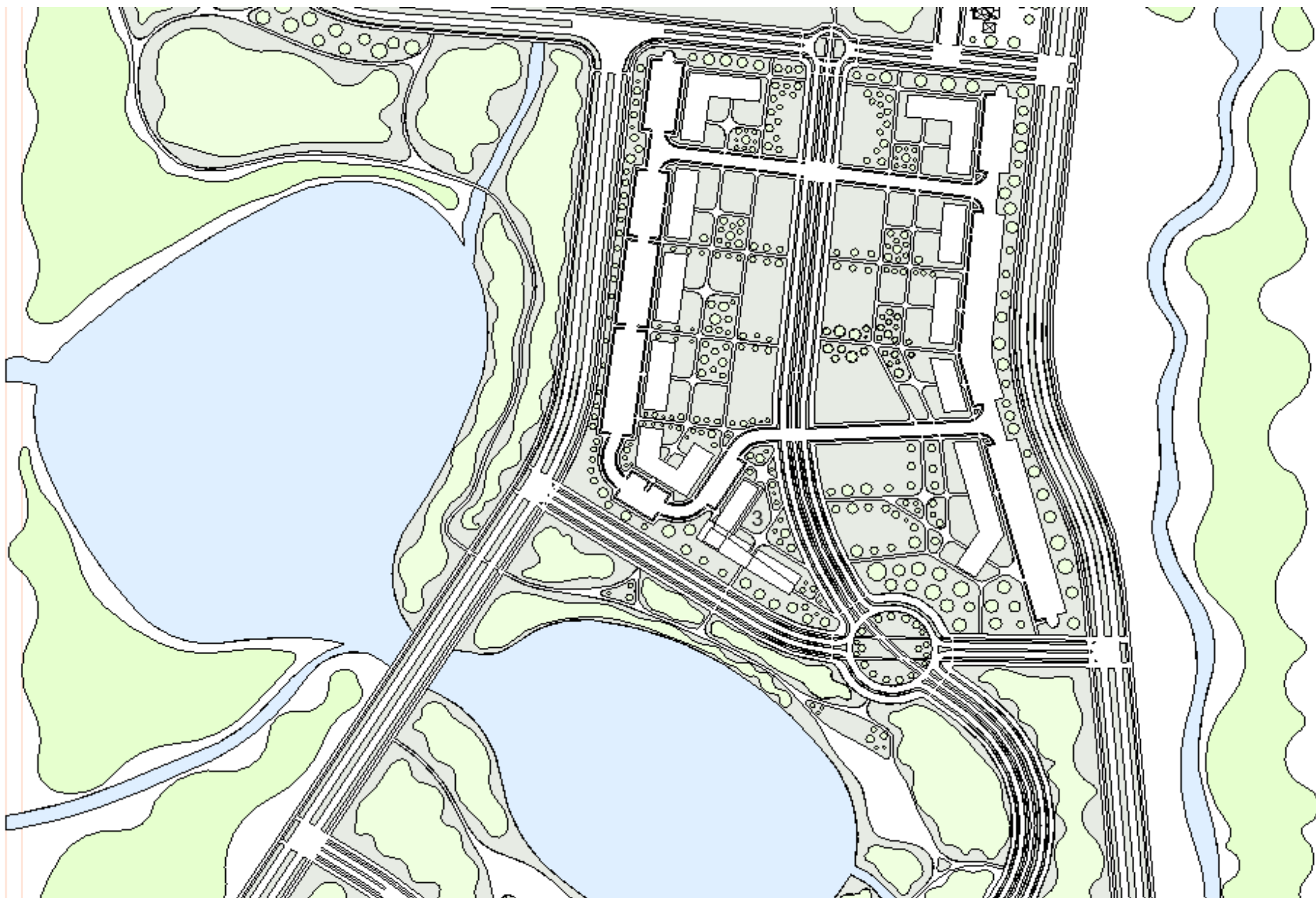
After successfully passing Level 1, RPs will move into Level 2 apartments, where they will still attend the program on a regular basis, but will have a less rigorous schedule to follow here as long as they are remaining productive. Otherwise they can be sent back down to level 1 if they do not seem able to handle being on their own at this point. After 6 months, if an RP is seen to be productive and able to take care of themselves on their own, they would then be moved into Level 3 Housing.

At Level 3, there are several options of houses RPs can live in, ranging from 1-8 member households. At this point, RPs treatment will be based on exposure, to see if the RP is able to return successfully to their life at home, or if they will need to be sent back down to Level 1 or Level 2 Apartments for further care and development. Utilities at Level 3 are all provided to the homes from a utility facility on site so RPs and their families do not have to worry about major maintenance or risks of injury. Staff will also have housing in this location to ensure quick response time should a situation unfold in the single-family style homes















THE COMMERCIAL CORNER







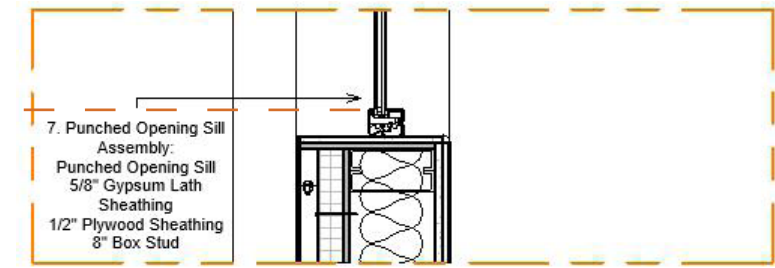
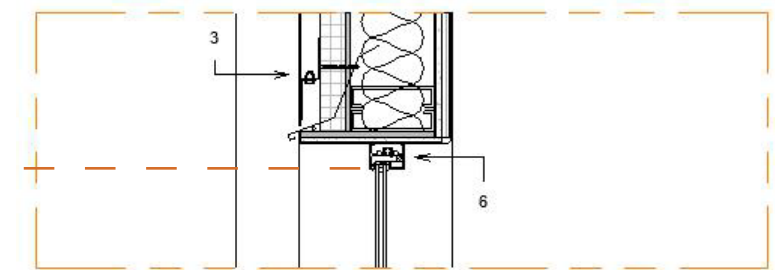
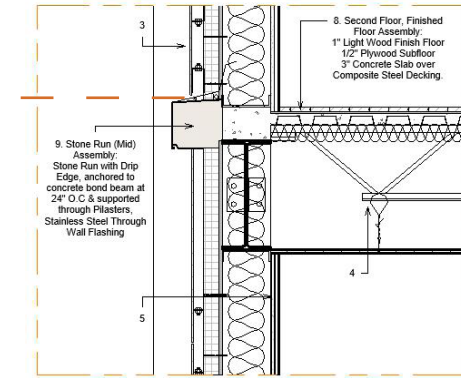
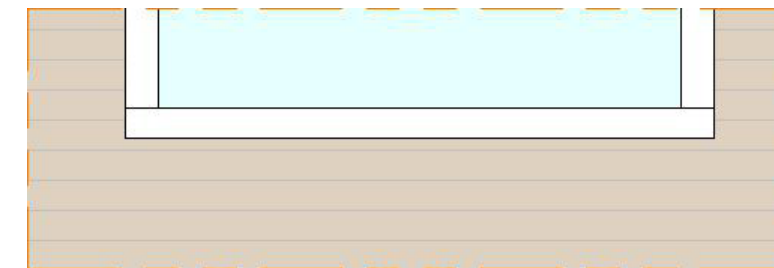
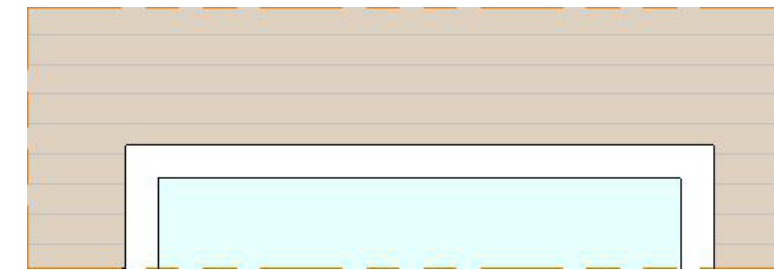
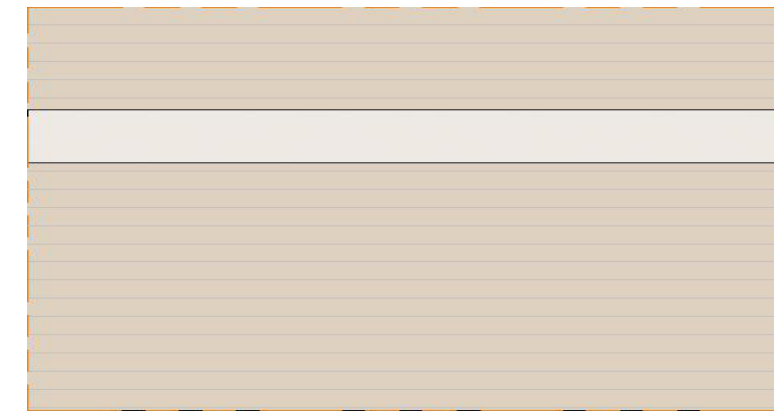
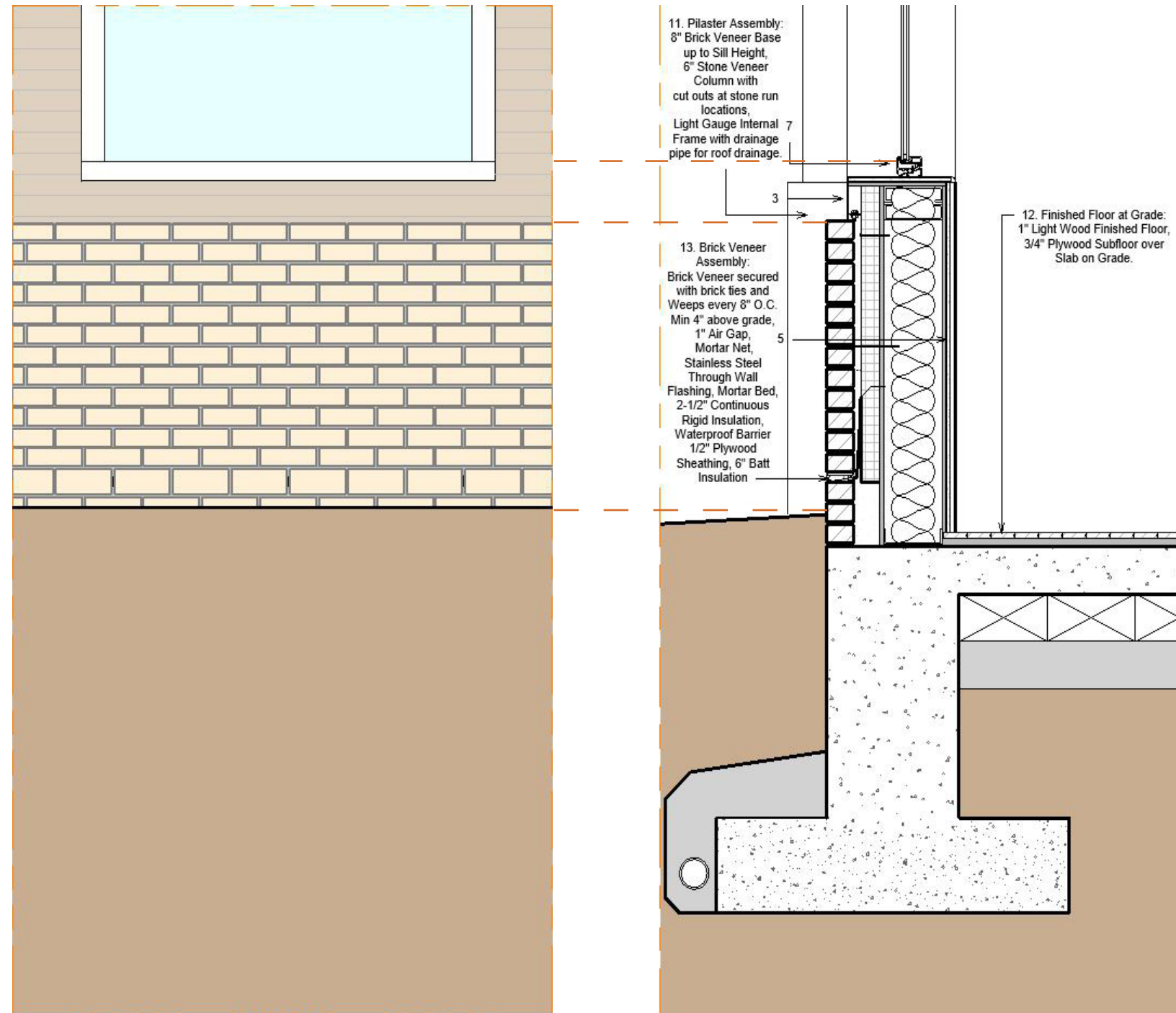


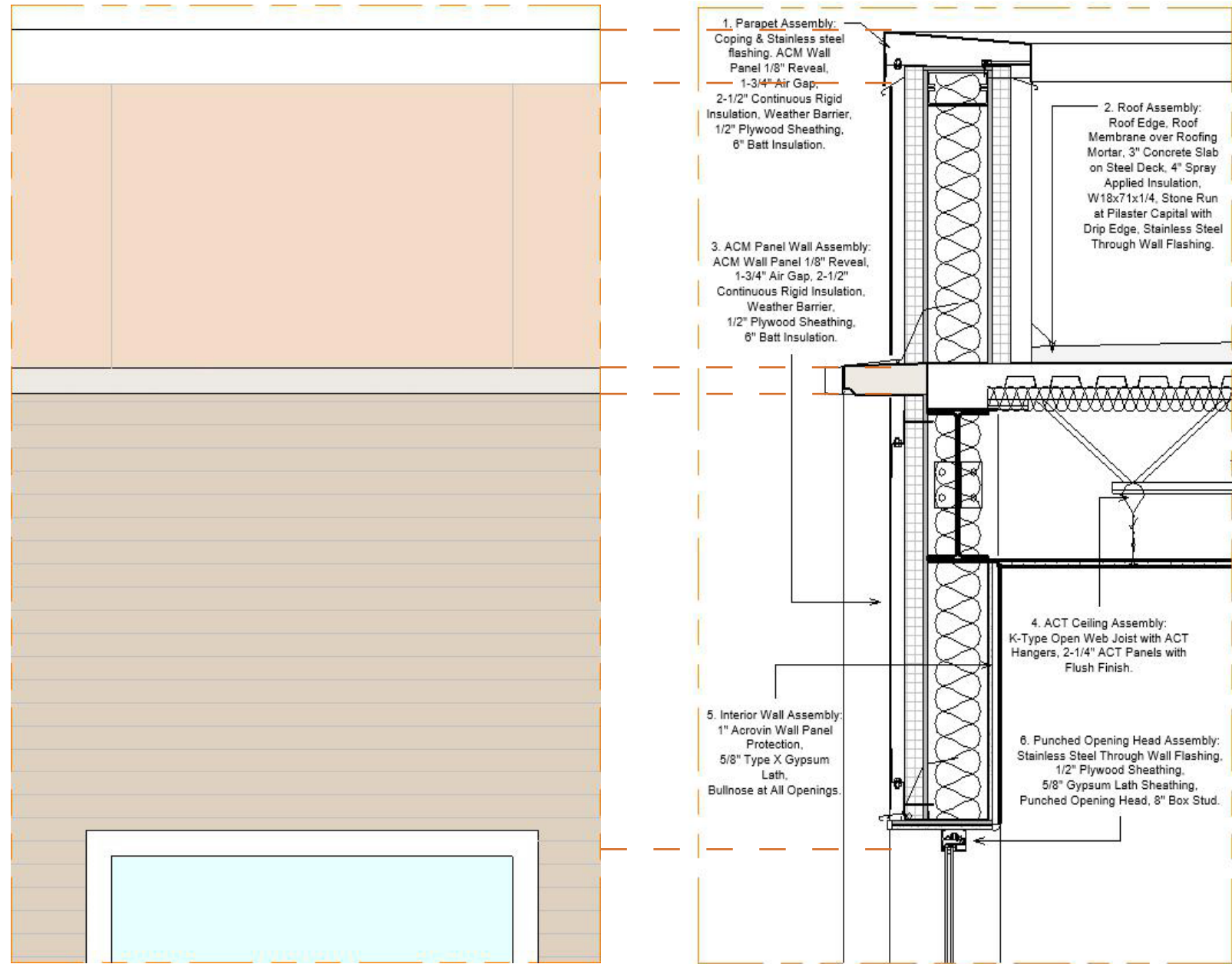
LEVEL
CONCRETE
CARRIAGE
APPTS



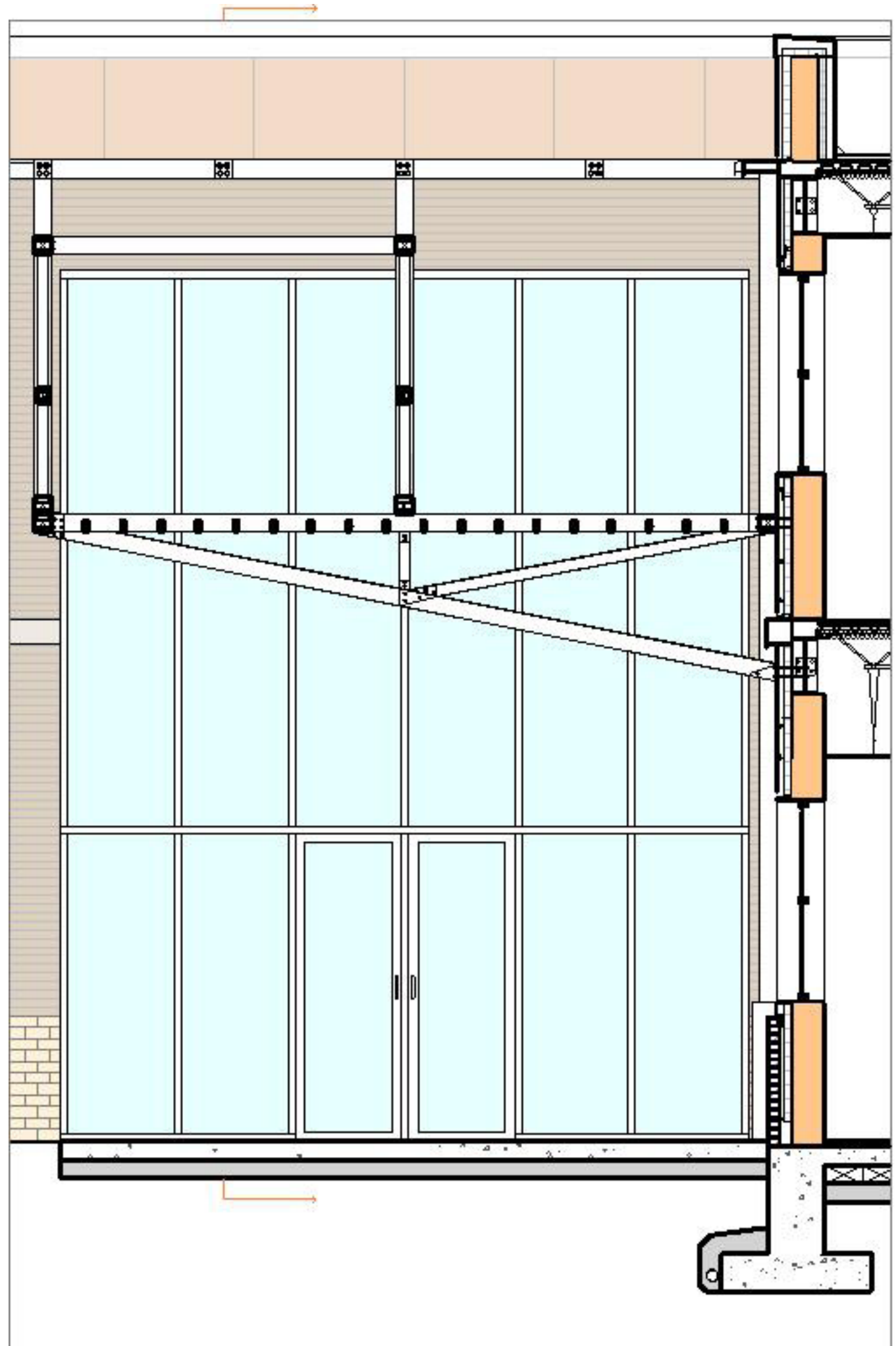
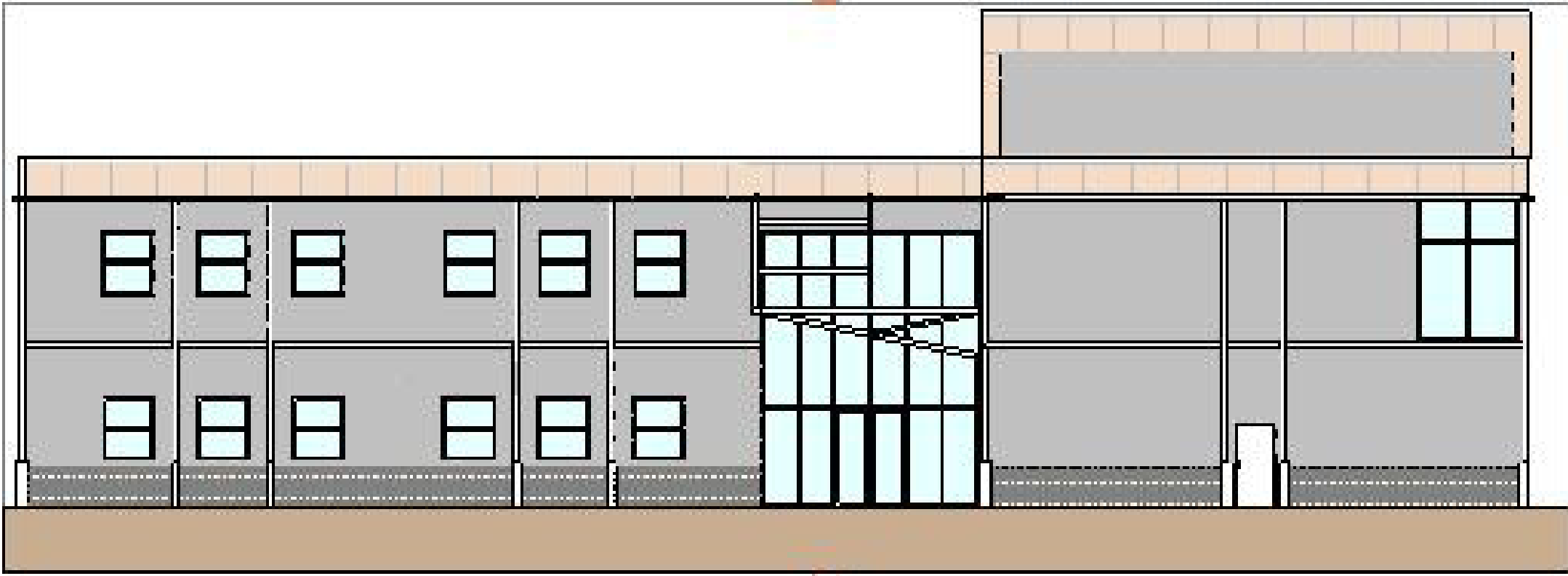


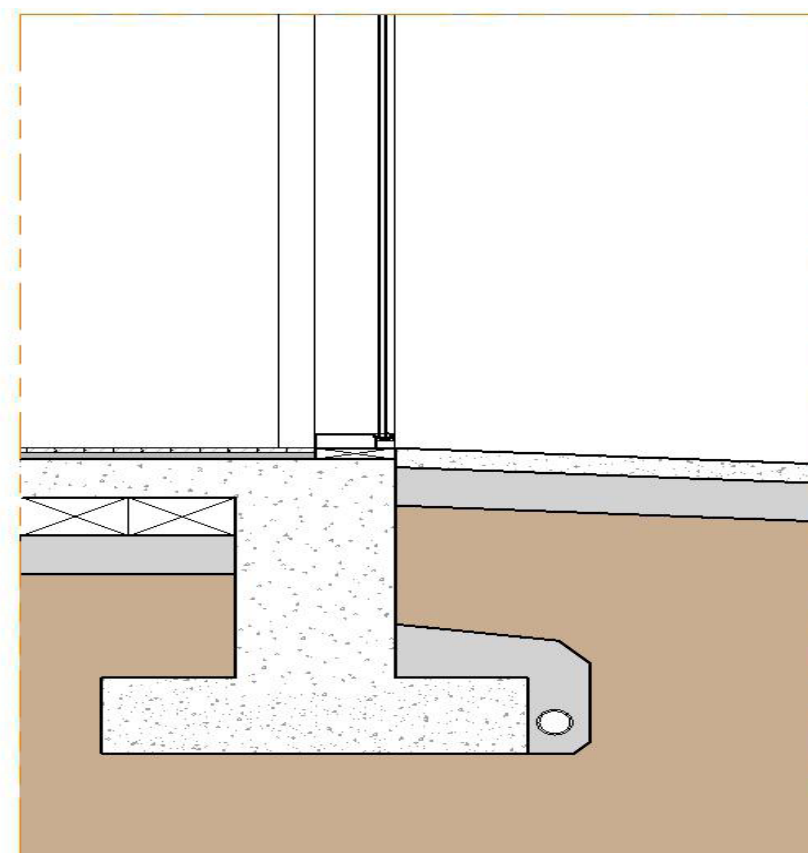
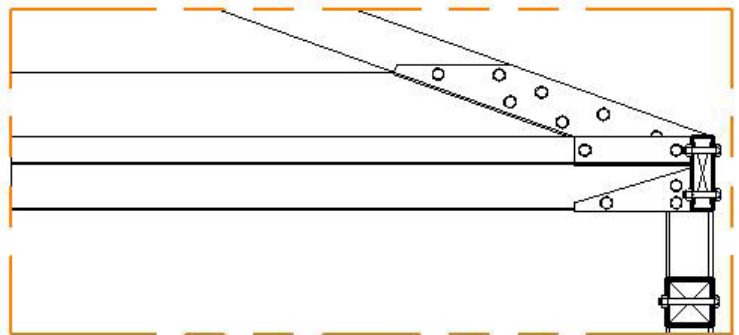
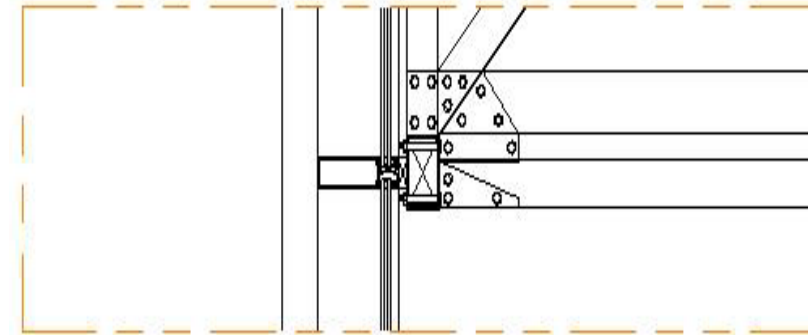
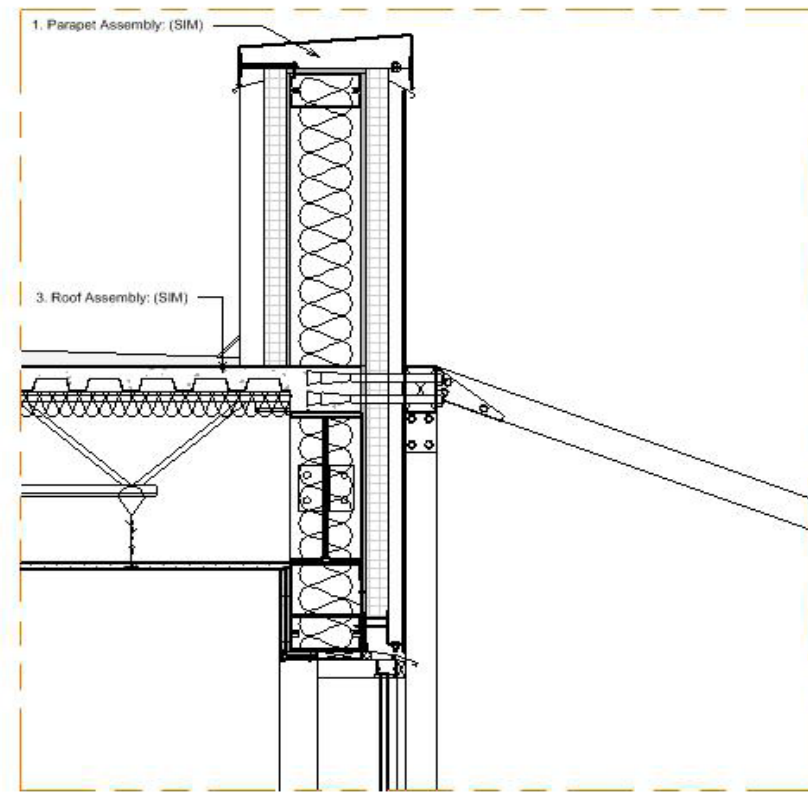
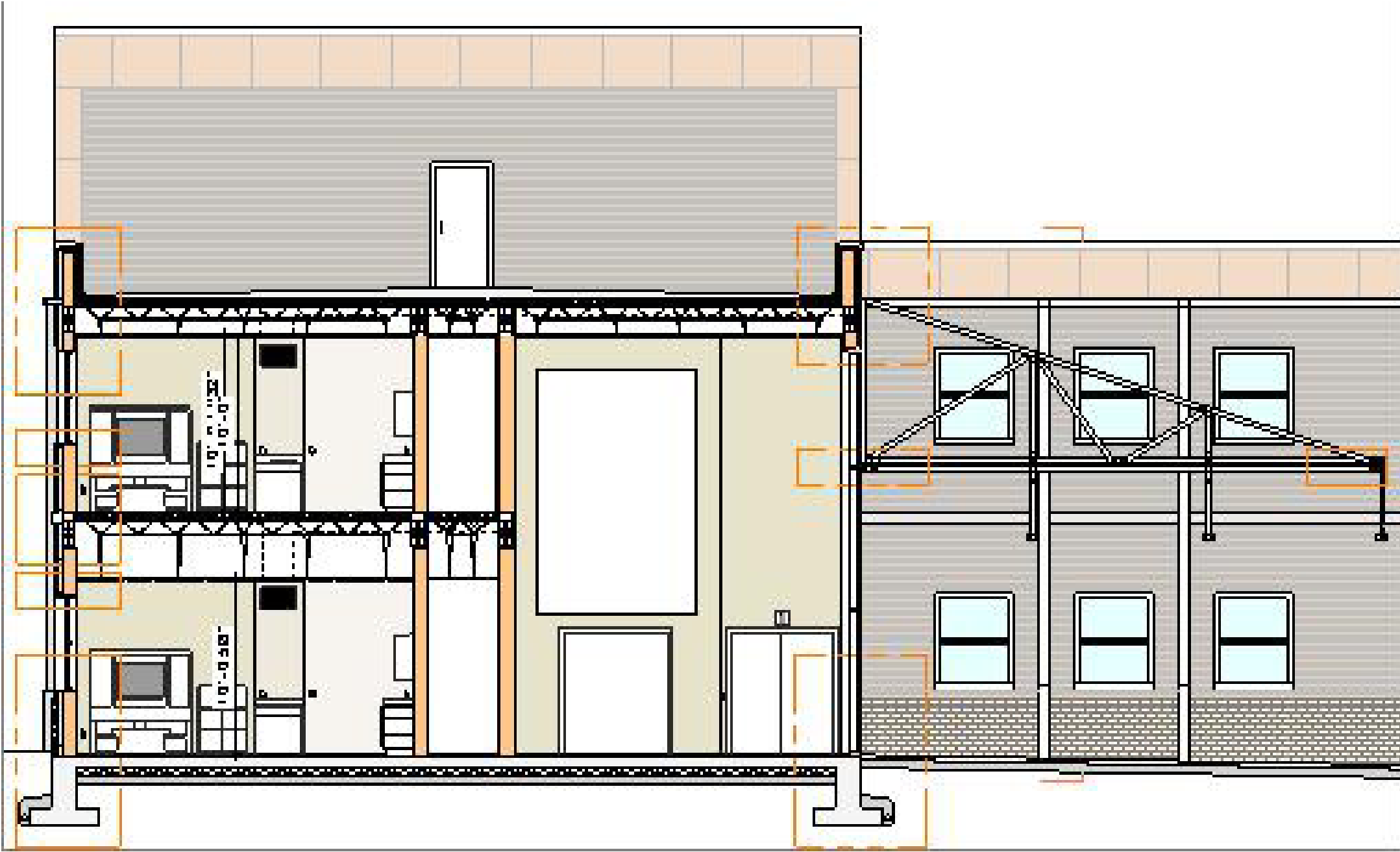


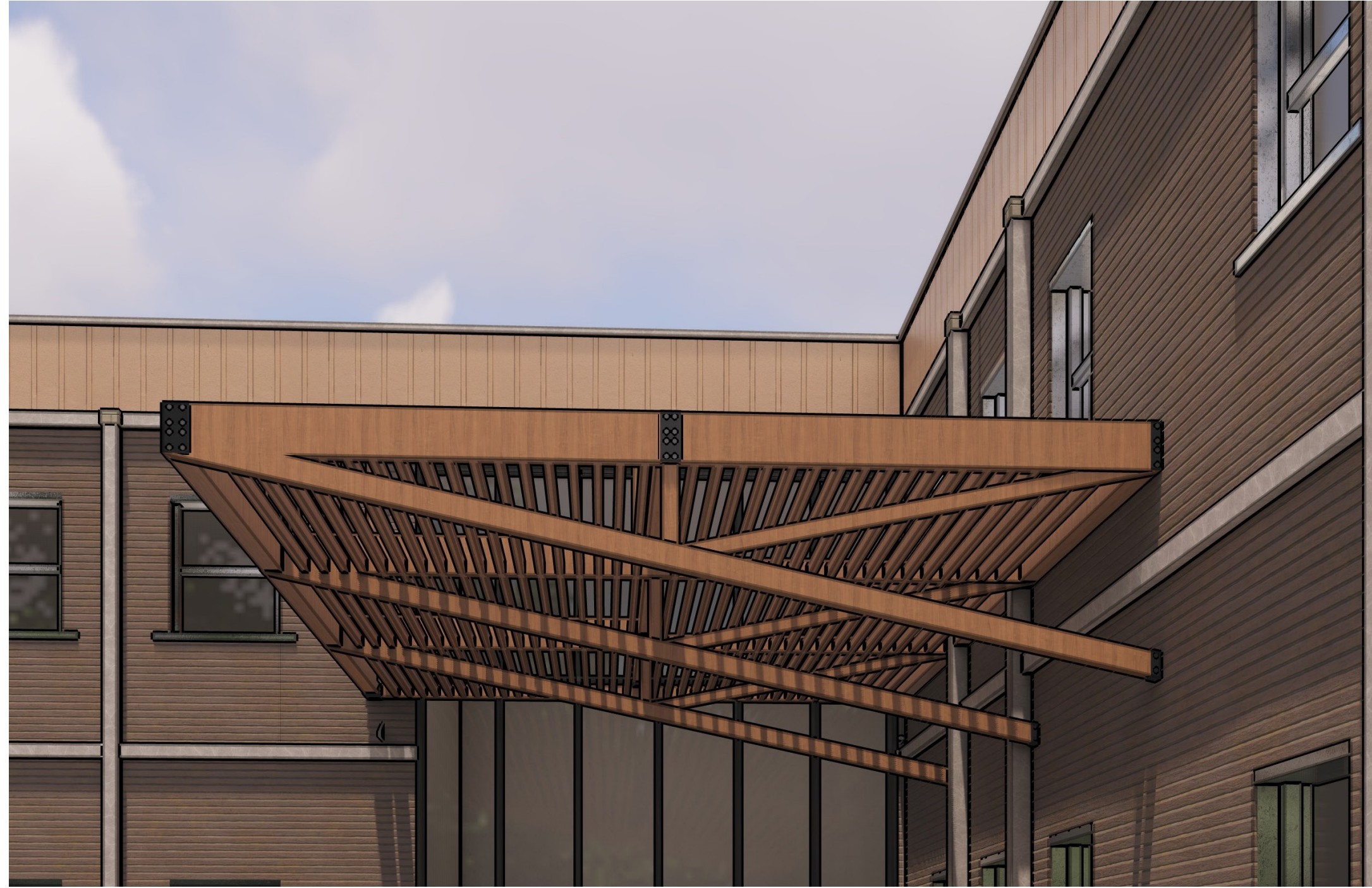
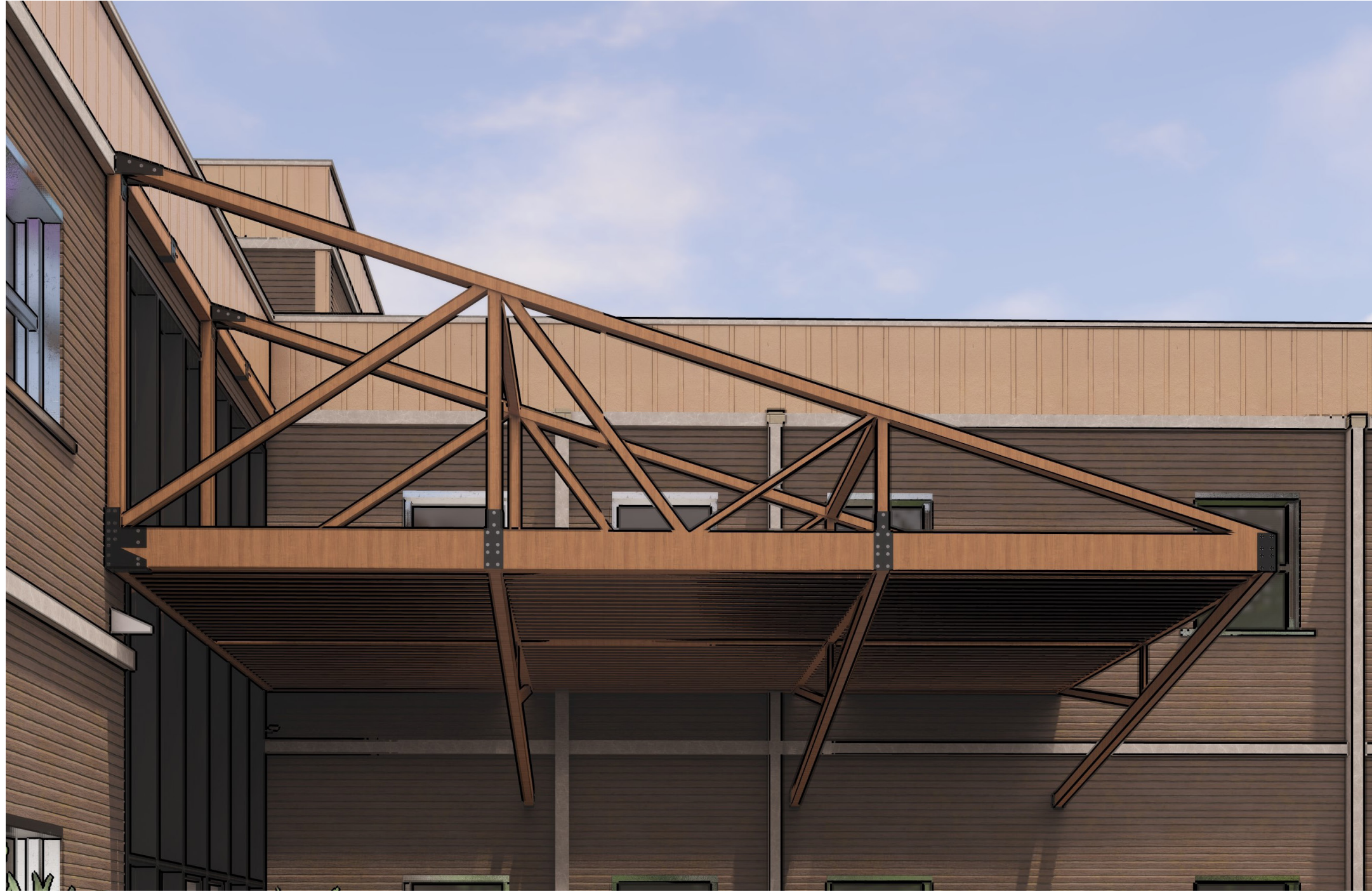




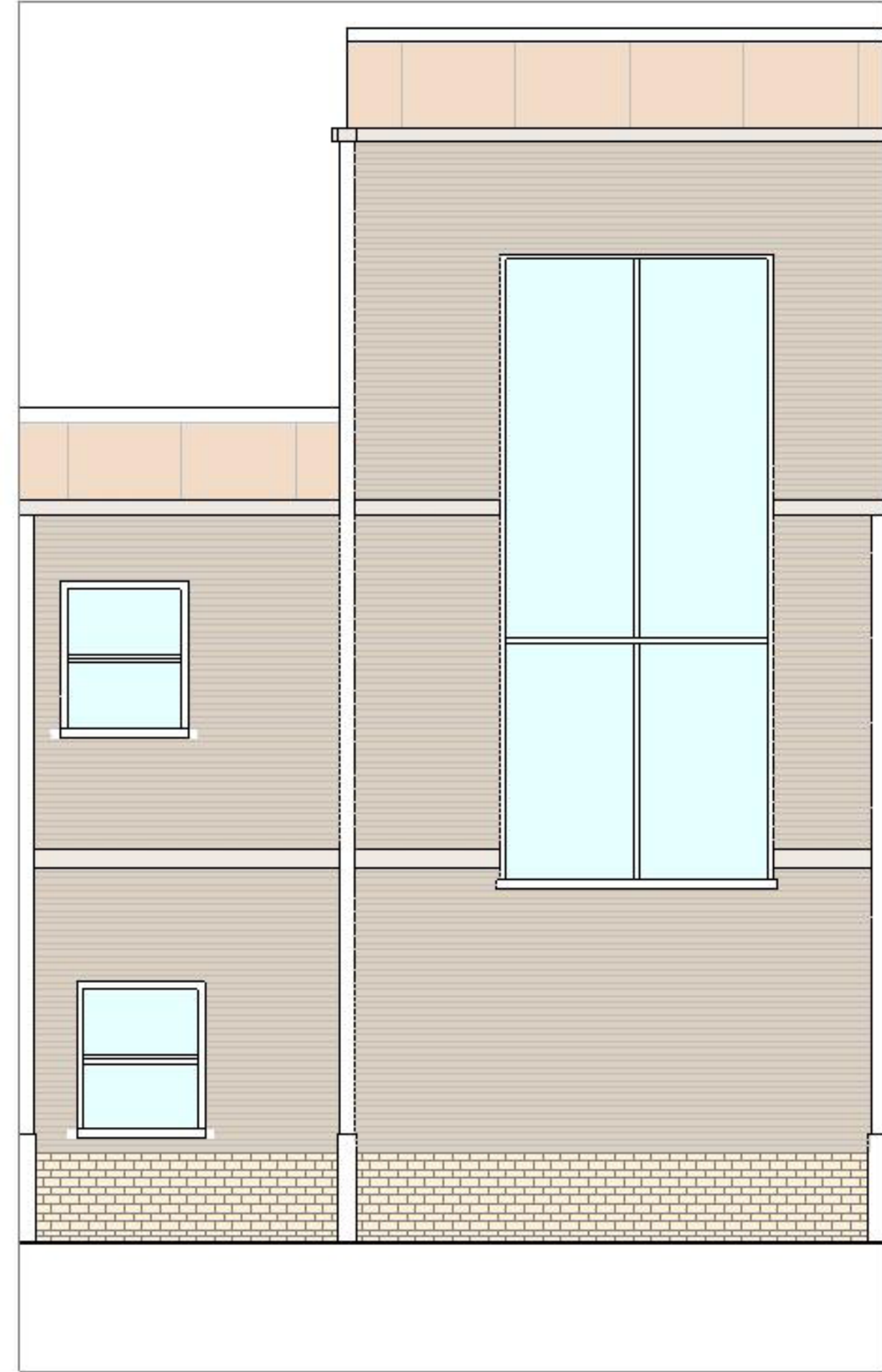
MAKING A BREAK

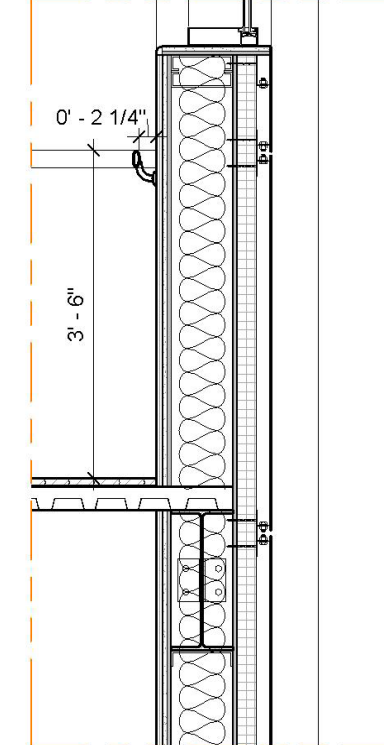
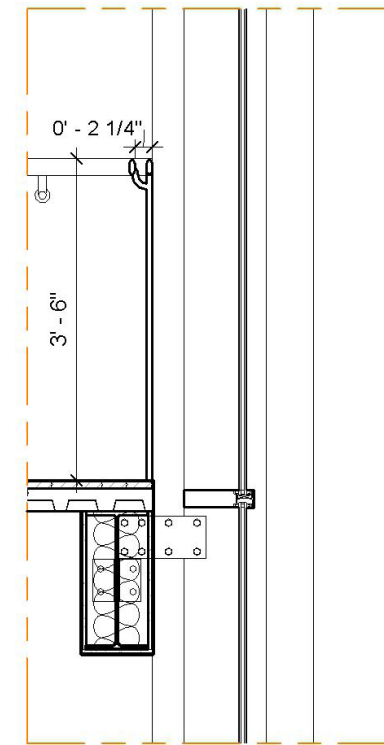
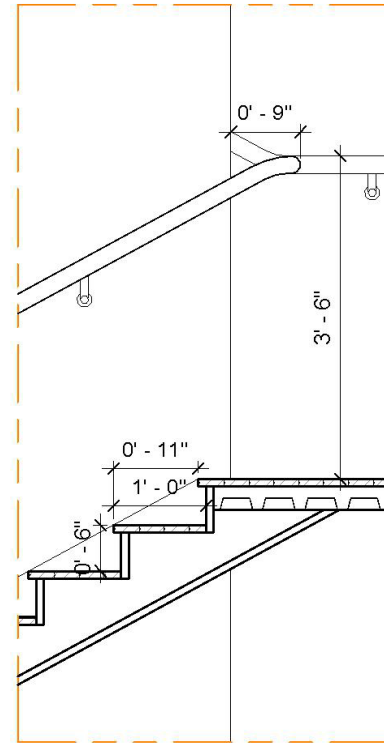
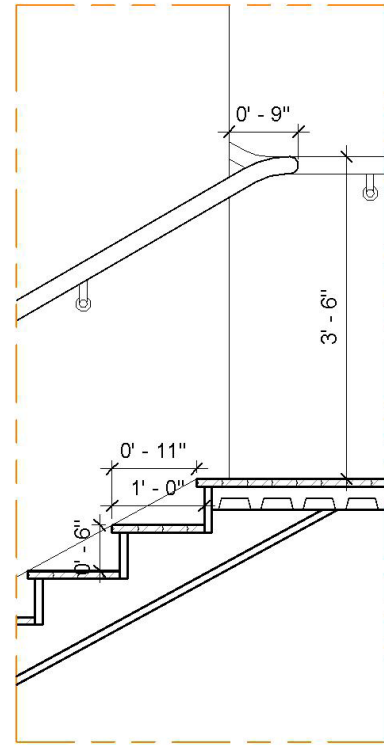
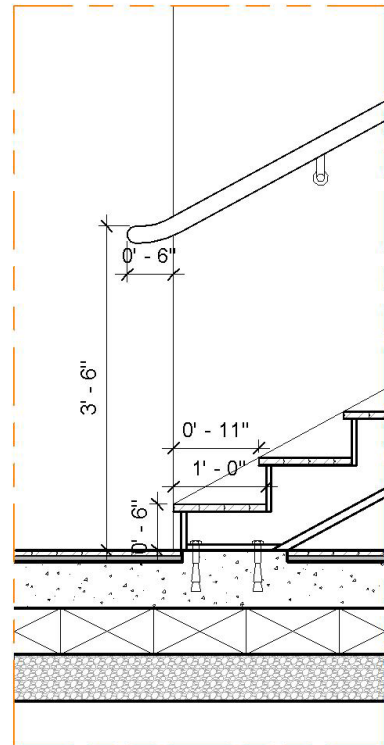
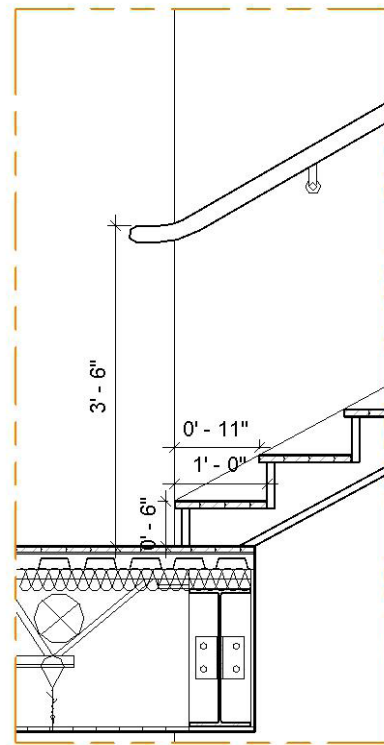
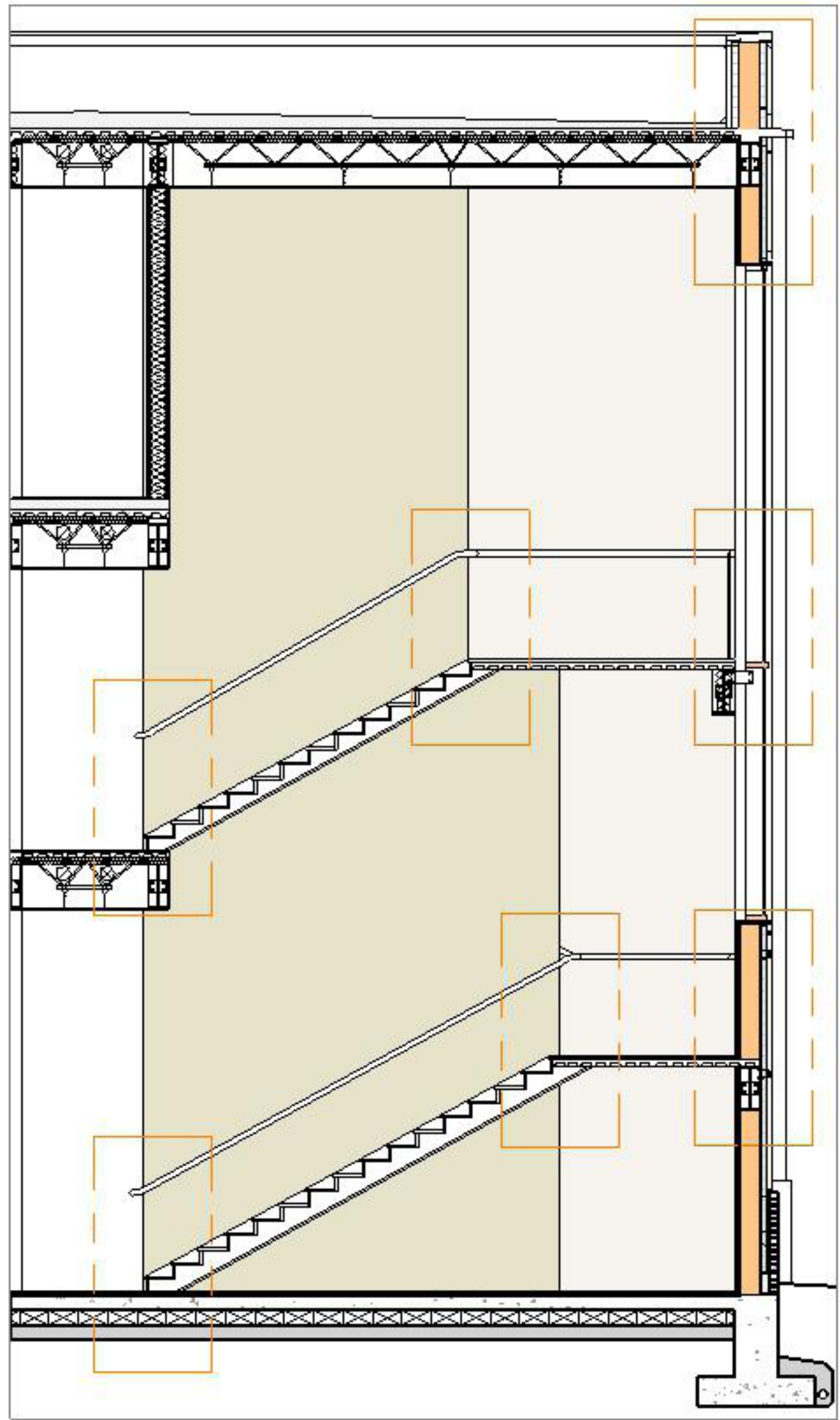


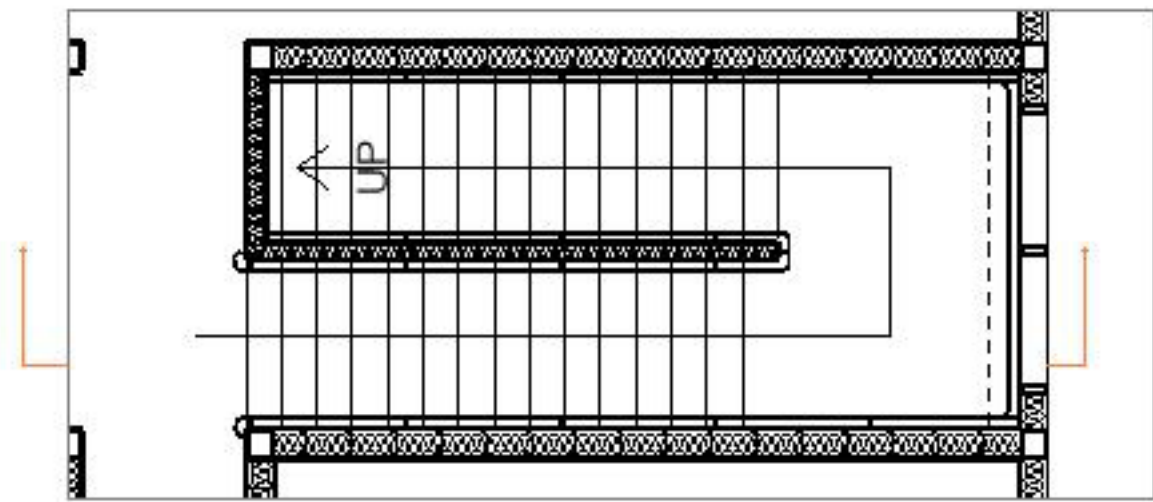
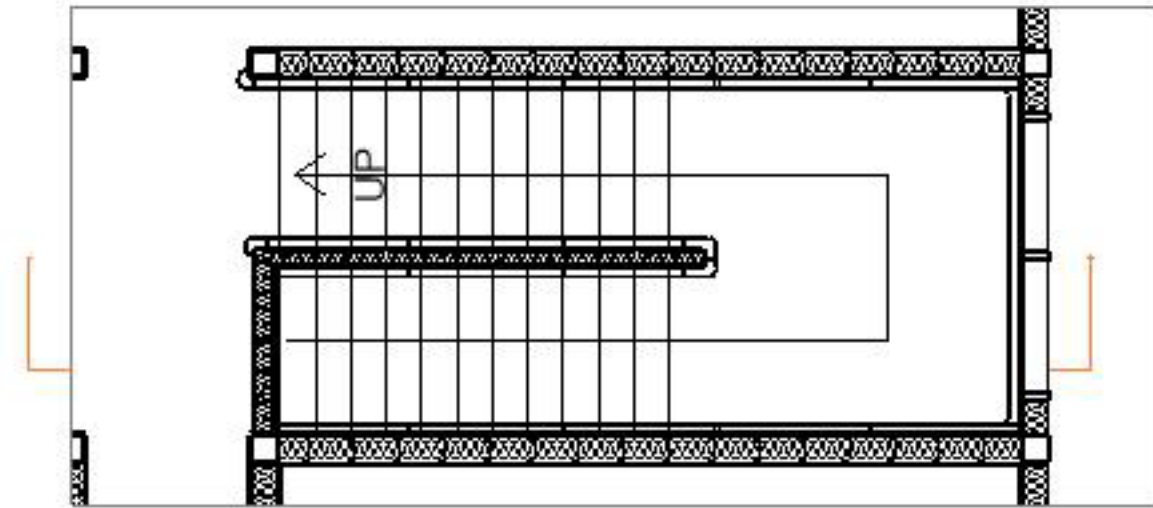




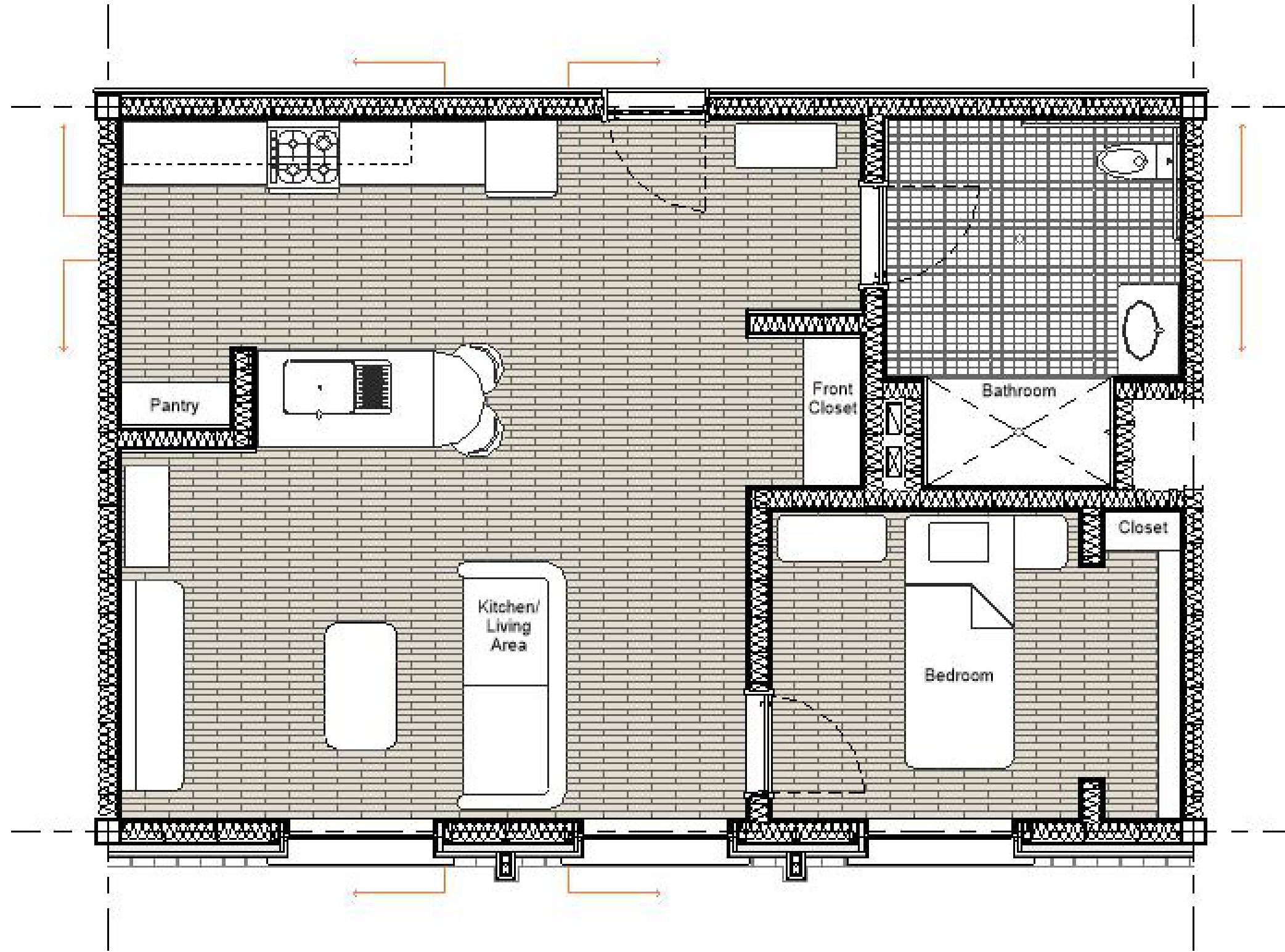
STAIRS UP

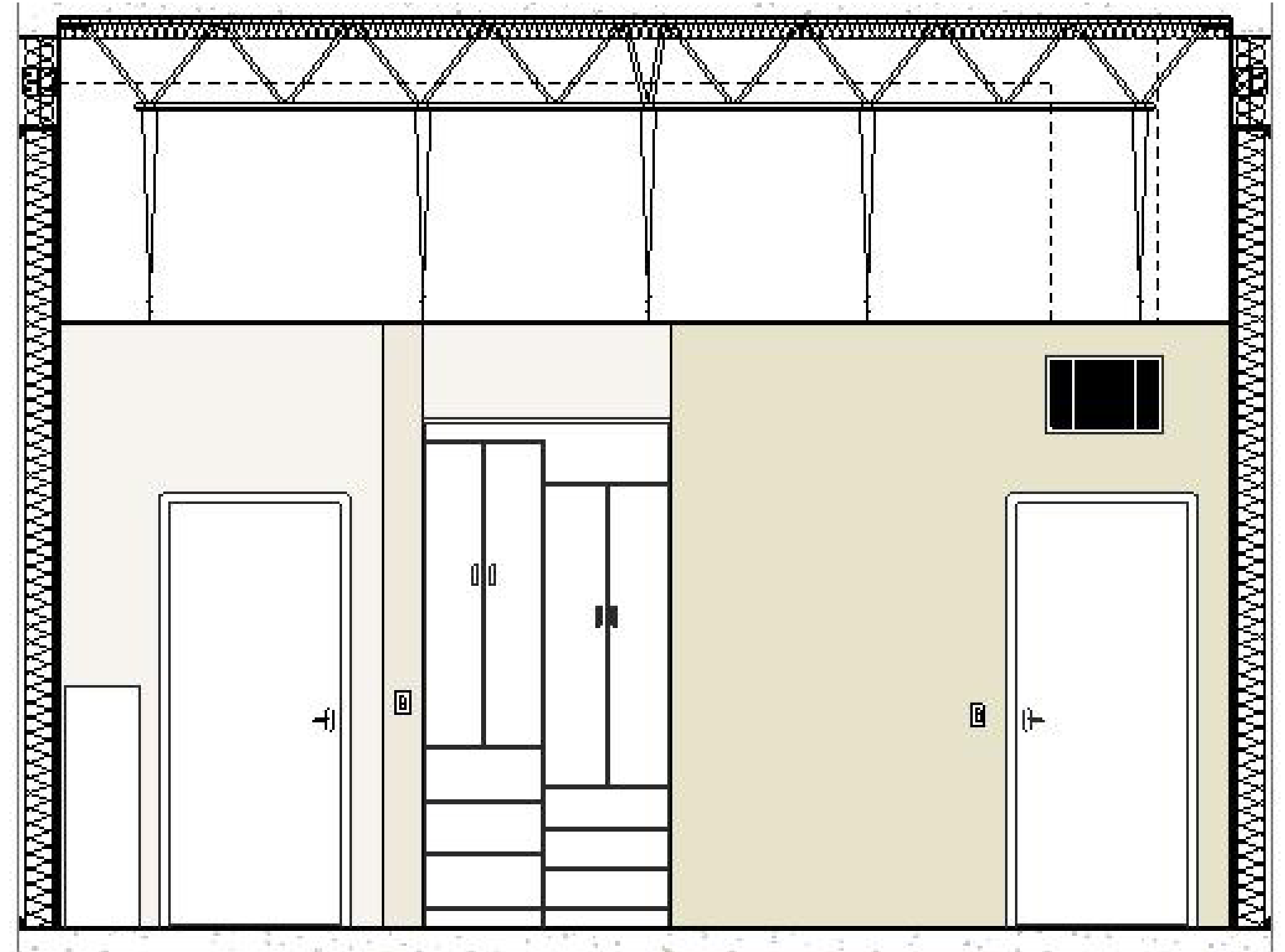
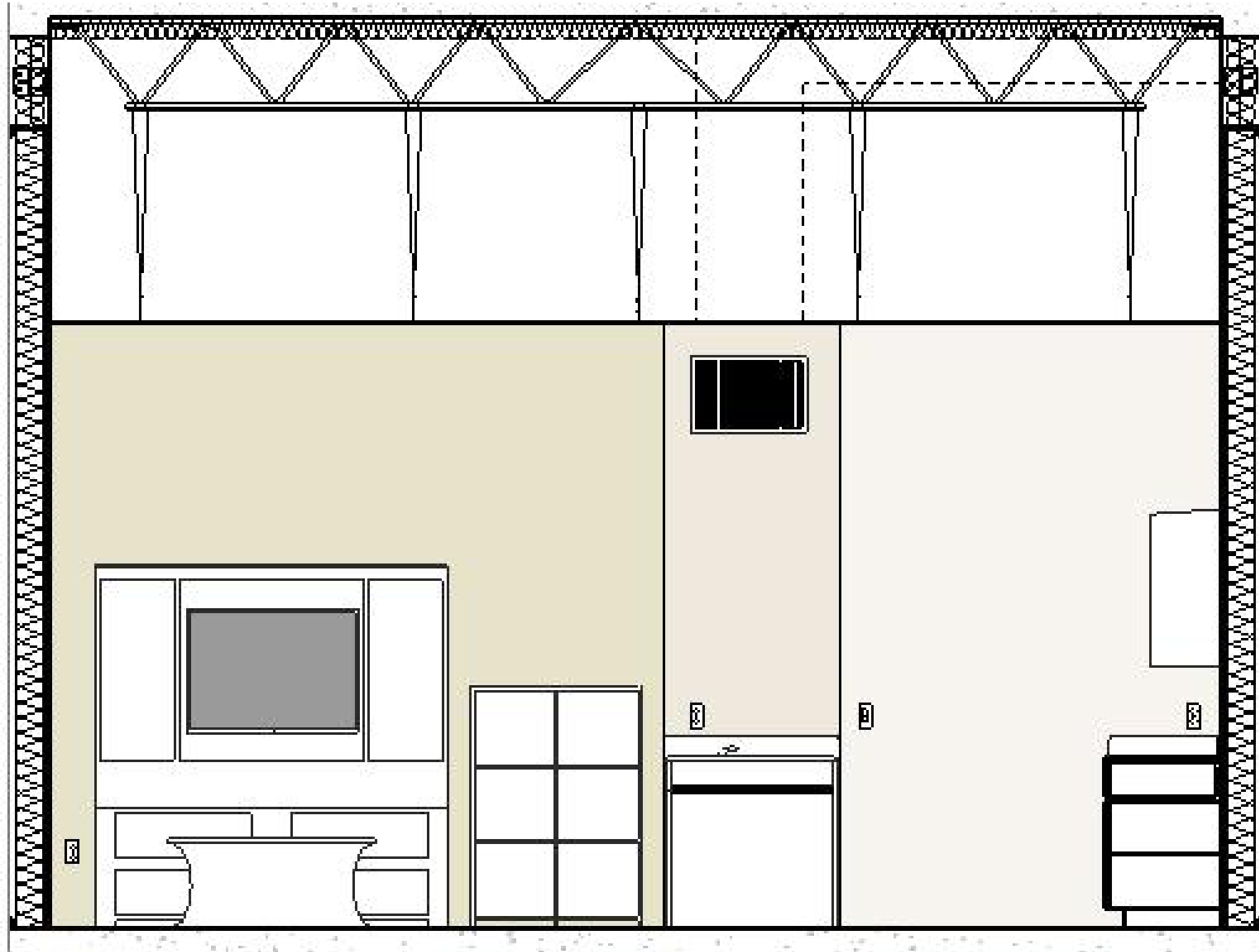


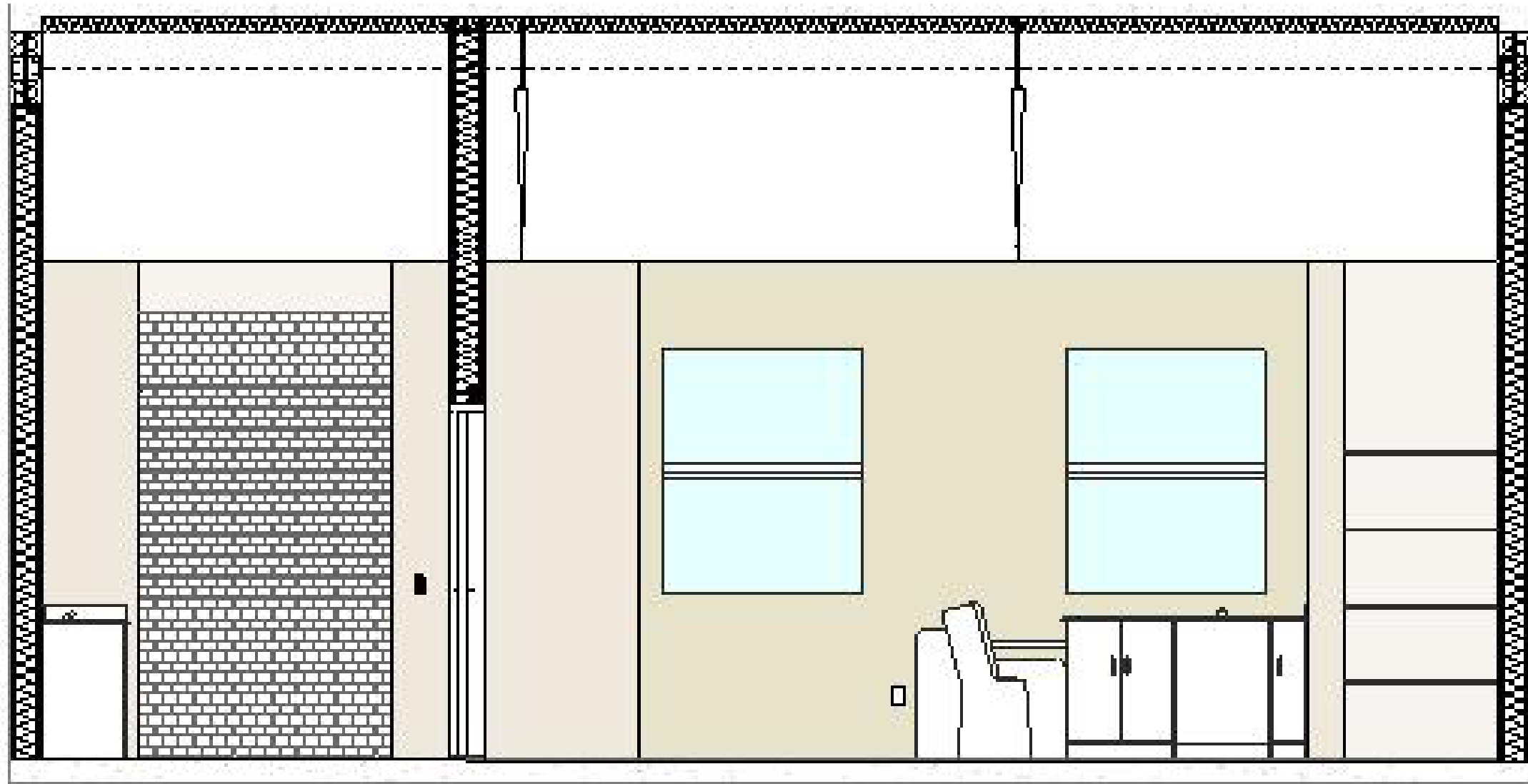




MAKING OF HOME













PROGRESS AND RELEASE

Weekdays:	(Individually Curated to Residential Patient's Disorders and Age)
7:00AM	Rise and dress
7:30AM	Breakfast
8:00AM	Chores
8:30AM	Morning Goals Group
9:00AM – 12:00PM	Academics/Community Involvement
12:00PM – 12:45PM	Lunch
12:45PM – 2:15PM	Group Therapy
2:15PM – 5:00PM	Academics/Community Involvement
5:00PM	Dinner
6:00PM	Chores/Study Hall
7:00PM	Activity/Recreational/Therapy/Study
8:30PM	Evening Goals Group
9:00PM	Snack/Hygiene
10:00PM	Lights Out
Weekends:	(Individually Curated to Residential Patient's Disorders and Age)
7:45AM	Rise and Dress
8:00AM	Breakfast/Hygiene/Chores
9:30AM	Morning Goals Group
10:00AM	Recreational Therapy Groups/Service Activities
12:30PM	Lunch
1:30PM	Intramural Sports/Level Activities/Yoga Classes
5:00PM	Dinner
6:00PM	Deep Cleaning
6:30PM	In-house activities/Sunday Movies
8:30PM	Evening Goals Group
9:00PM	Snack / Hygiene
10:00PM	Lights Out

